

New York State Patient Centered Medical Homes Quarterly Report



September 2019

# **Program Highlights and Background**

A Patient-Centered Medical Home (PCMH) is a model of care where each enrollee has an ongoing relationship with a personal physician and a care team. The physician and care team, which can include nurse practitioners, physician assistants, registered nurses, social workers, and care coordinators, take collective responsibility for meeting all the enrollee's health care needs. The PCMH model also emphasizes greater care through open scheduling, expanded hours, enhanced communication among all involved with an enrollee's care, and any other means to ensure that an enrollee obtains proper care in a culturally and linguistically appropriate manner. The National Committee for Quality Assurance (NCQA) designed multiple recognition programs to objectively measure the degree to which a primary care practice meets the operational principles of the PCMH model.

NCQA's PCMH recognition is awarded to practices and their providers that meet a set of predetermined standards for providing high quality primary care services. As of the dates applicable to the data in this report, practices and their providers in New York State (NYS) can be recognized under one of the following NCQA standards:

- PCMH 2014 Level 1, 2 or 3
- PCMH 2017
- New York State PCMH (NYS PCMH)

In PCMH 2014 standards, practices received a higher score or level if they demonstrated more elements of the patient-centered care model. The last day practices could submit an application to be recognized under the 2014 standards was September 30, 2017. NCQA's 2017 standards were released on April 3, 2017 with an increased focus on social determinants of health, community connections and the integration of behavioral health. The leveling structure was eliminated in the 2017 PCMH program and recognition became valid for one-year periods instead of the previous three-year period to measure progress more frequently.

On April 1, 2018, the New York State Department of Health (NYSDOH) released NYS PCMH, an innovative model for primary care transformation. NYS collaborated with NCQA to develop this exclusive transformation model for all eligible primary care providers in New York State. NYS PCMH will expand access to high-performing primary care which is key to improving value in health care and achieving the Triple Aim goals of improved health, better health care and consumer experience, and lower cost. NYS PCMH requires practices to achieve a higher number of criteria to achieve recognition, with emphasis placed on behavioral health, care management, population health, value-based payment arrangements, and health information technology capabilities. Any NYS practices seeking PCMH recognition for the first time or renewing recognition after April 1, 2018 are required to pursue the NYS PCMH standard. As NCQA's 2017 standard was only available in NYS for a short period of time, the number of practices and providers who achieved this recognition is limited and significant changes to the number of recognitions under this standard is not expected.

NYS currently has the greatest number of practices and providers\* recognized as a PCMH by NCQA compared to all other states in the country; over 17% of all PCMH practices and almost 14% of providers in the country operate in NYS. As of September 2019, there were 2,575 PCMH-recognized practices, of which 98% achieved recognition from NCQA's 2014 level 3

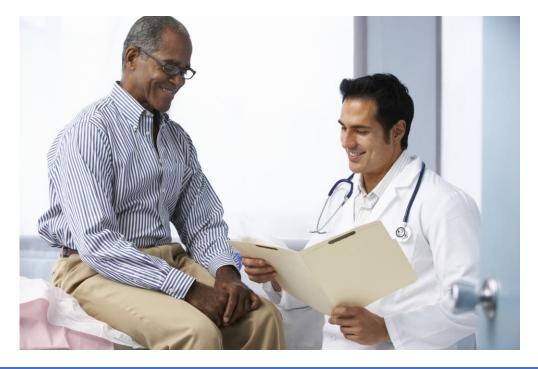
# **Program Highlights and Background**

standards and above. Smaller practices, with only one provider working at the site currently make up the largest portion of PCMH-recognized practices.

As of September 2019, there were 9,576 providers recognized as PCMH, of which over 98% achieved recognition from NCQA's 2014 level 3 standards and above. There were 7 practices and 14 providers recognized under the 2017 standards, and 1,176 practices and 4,870 providers recognized under NYS PCMH.

As of September 2019, 8,214 (35%) primary care physicians (PCPs) in Medicaid managed care (MMC) were a PCMH-recognized provider and over half (68%) of Medicaid managed care (MMC), Health and Recovery Plan (HARP), and HIV Special Needs Plan (SNP) enrollees were assigned to a PCMH-recognized PCP\*. Of those enrollees, the majority were assigned to a PCMH-recognized provider WYS PCMH recognition.

Office-based practitioners and Article 28 clinics recognized as PCMHs by NCQA receive additional payment for primary care services through the New York Statewide Medicaid PCMH Incentive Payment Program in two ways. Incentive payments are given to providers for MMC, HARP, HIV SNP, and Child Health Plus (CHP) enrollees through the enrollee's health plan via capitation payments, or as an 'add-on' for qualifying visits for Medicaid fee-for-service (FFS) enrollees. Over \$158 million was paid to PCMH-recognized providers via increased capitation payments by MMC plans from January 2019 through September 2019. Effective July 1, 2018, NYS Medicaid provides incentive payments to providers recognized under the following programs: level 3 PCMH under NCQA's 2014 standards; PCMH under NCQA's 2017 standards; or NYS PCMH.



To learn more about the New York Statewide Medicaid PCMH Incentive Payment Program please visit: the <u>Department of Health website</u>

\*Source: Panel data is reported to the NYS Department of Health by the MMC plans quarterly. Panel data is a list of MMC enrollees and the providers they are assigned to and is not based on visit history.

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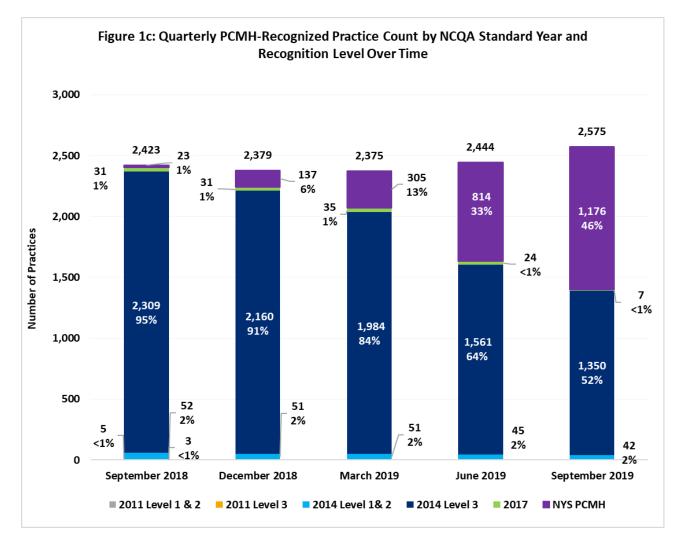
Figure 1a shows the number of unique PCMH-recognized practices in NYS by NCQA standard year and recognition level as of September 2019.

	Figure 1a: PCMH Recognized Practice Percentage by NCQA Standard Year and Recognition Level						
	Recognition Number of Percent   Level PCMH recognized practices Percent						
	1	2	<1%				
2014 Standards	2	40	2%				
	3	1,350	52%				
2017 S	tandards	7	<1%				
NYS PCMH		1,176	46%				
T	otal	2,575	100%				

Figure 1b shows the number of practices that are recognized as a PCMH under NCQA's standards by level from April 2019 to September 2019.

Figure 1b: PCMH Recognized Practices by Standard Year and Level Over Time							
	Recognition	April	May	June	July	August	September
	Level	2019	2019	2019	2019	2019	2019
	1	2 (<1%)	2 (<1%)	2 (<1%)	2 (<1%)	2 (<1%)	2 (<1%)
2014	2	49	47	43	42	41	40
Standards		(2%)	(2%)	(2%)	(2%	(2%)	(2%)
	3	1,846 (82%)	1,660 (68%)	1,561 (64%)	1,462 (59%)	1,415 (55%)	1,350 (52%)
2017		14	25	24	6	7	7
Standards		(<1%)	(1%)	(<1%)	(<1%)	(<1%)	(<1%)
NYS PCMH		352	698	814	974	1,093	1,176
		(16%)	(29%)	(33%)	(39%	(43%)	(46%)
Т	otal	2,263	2,432	2,444	2,486	2,558	2,575

Figure 1c illustrates the number of PCMH-recognized practices by NCQA's recognition standards and levels from September 2018 to September 2019.



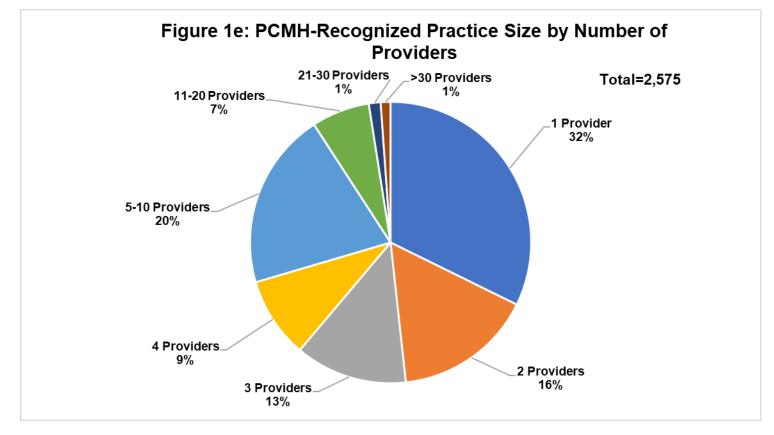
There was a large decline in the number of PCMH-recognized practices with 2014 recognition from September 2018 to September 2019. This drop is largely due to the expiration of the recognition status of practices under this recognition level or the conversion of these practices to the newer NYS PCMH recognition program. The number of practices with PCMH 2017 recognition also decreased and practices recognized under the NYS PCMH recognition level continues to grow. As of September 2019, 52% of PCMH-recognized practices have 2014 level 3 recognition, almost 1% have PCMH 2017 recognition, and 46% have NYS PCMH recognition.

## **Section 1: Practice Information**

Figure 1d shows the number and percent of all PCMH-recognized practices by Quality Assurance Reporting Requirements (QARR) region. \* The majority of recognitions are in NYC (44%) and Western New York (18%).

Figure 1d: PCMH Recognized Practices by QARR Region							
Region	Number of PCMH Recognized Practices	Percent of PCMH Recognized Practices					
Central	232	9%					
Hudson Valley	238	9%					
Long Island	272	11%					
NYC	1,127	44%					
Northeast	252	10%					
Western	454	18%					
Total	2,575	100%					

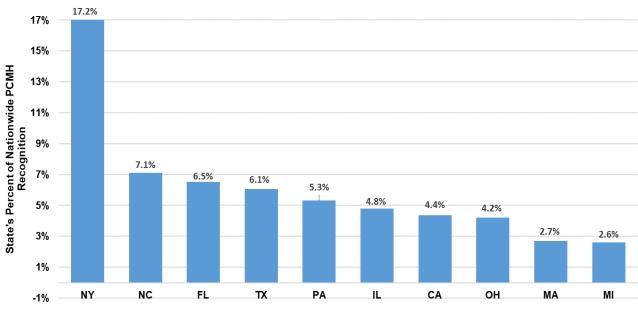
Figure 1e shows the number and percent of PCMH-recognized practices by number of providers. Practices with only one reported provider (32%) make up the largest proportion of PCMH-recognized practices. There is also a high proportion of practices with 5-10 providers (20%).



The data in Figure 1d and Figure 1e was derived from the most recently available NCQA recognized provider lists (for this report: September 2019).

### **Section 1: Practice Information**

Figure 1f displays the 10 states with the most NCQA PCMH-recognized practices in the country as of September 2019. These 10 states account for 60.9% of all PCMH-recognized practices in the country; all other states that are not included in this graph represent the remaining 39.1% of PCMH-recognized practices in the country. Over 17% of all PCMH-recognized practices in the country operate in NYS. NYS remains the state with the highest percentage of practices with NCQA's PCMH recognition. This figure only represents the PCMH practices that are recognized by NCQA. Practices may participate in other primary care transformation programs that are similar to NCQA's model.



### Figure 1f: PCMH-Recognized Practices by Top Adopting States

States with the Greatest Percent of PCMH-Recognized Providers

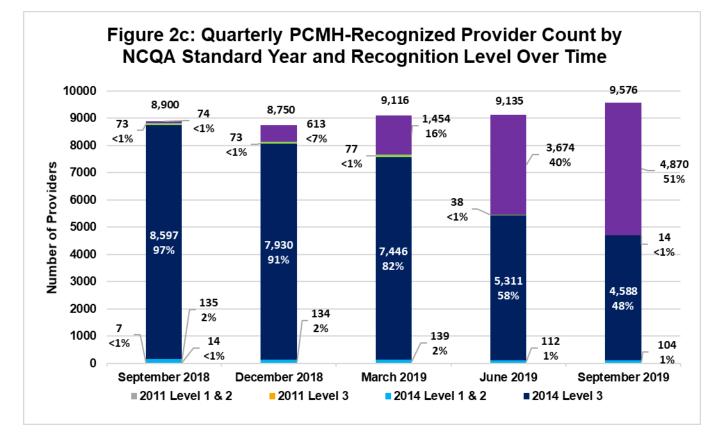
Figure 2a shows the number of unique PCMH-recognized providers in NYS by NCQA standard year and recognition level as of September 2019. The majority of providers are recognized under NYS PCMH.

Figure 2a: PCMH Recognized Provider Percentage by NCQA Standard Year and Recognition Level					
	Recognition Level	# of PCMH Recognized Providers	Percent		
	1	2	<1%		
2014 Standards	2	102	1%		
	3	4,588	48%		
2017 St	andards	14	<1%		
NYS PCMH		4,870	51%		
Тс	otal	9,576	100%		

Figure 2b shows the number of PCMH-recognized providers that are recognized under NCQA's standards, and by level from April 2019 to September 2019.

Figure 2b: PCMH Recognized Providers by Standard Year and Recognition Level Over Time							
	Recognition Level	April 2019	May 2019	June 2019	July 2019	August 2019	September 2019
	1	2 (<1%)	2 (<1%)	2 (<1%)	2 (<1%)	2 (<1%)	2 (<1%)
2014 Standards	2	136 (2%)	129 (1%)	110 (1%)	110 (1%)	103 (1%)	102 (1%)
	3	6,747 (79%)	5,996 (65%)	5,311 (58%)	5,010 (53%)	4,889 (51%)	4,588 (48%)
2017 St	tandards	47 (<1%)	58 (<1%)	38 (<1%)	9 (<1%)	14 (<1%)	14 (<1%)
NYS PCMH		1,651 (19%)	3,100 (33%)	3,674 (40%)	4,241 (45%)	4,618 (48%)	4,870 (51%)
Тс	otal	8,583	9,285	9,135	9,372	9,626	9,576

Figure 2c shows the number of PCMH-recognized providers by standard year and recognition level from September 2018 to September 2019.



The number of PCMH-recognized providers under 2014 level 3 recognition dropped to 48%, a dramatic decrease compared to the prior quarter. The number of PCMH-recognized providers holding 2014 recognition continues to decrease due to the expiration of providers under NCQA's 2014 level 3 recognition status or their conversion to a higher (NYS PCMH) recognition. The number of PCMH-recognized providers under NCQA's 2017 standards also decreased while there is a significant increase in providers under NYS PCMH standards.

Figure 3a shows the proportion of PCMH-recognized PCPs that participated with MMC from September 2018 to September 2019. PCPs are defined as MDs, DOs, NPs who have a primary or secondary specialty in Internal Medicine, Family Medicine, Pediatrics, Geriatrics, or General Practice. There are 8,214 PCMH-recognized PCPs that participated with MMC as of September 2019. Around 86% of PCMH-recognized PCPs participated with MMC. There may be other PCMH-recognized PCPs that participate with FFS Medicaid that are not included in this figure. Although only 35% of MMC providers are recognized as a PCMH, over half of the Medicaid population is assigned to these PCPs, indicating that these providers have large Medicaid panels. On page 15, Figure 7a shows the number of MMC enrollees assigned to PCMH-recognized PCPs.

Figure 3a: Proportion of All PCPs in MMC That are Recognized as a PCMH by Quarter							
	September 2018December 2019March 2019June 						
PCMH PCPs participating with MMC	7,697	7,519	7,771	7,878	8,214		
All PCPs partic- ipating with MMC	23,423	22,872	23,274	23,448	23,553		
PCMH Penetra tion Rate in MMC	33%	33%	33%	34%	35%		

Figure 3b shows the standard year and level at which the MMC PCPs are recognized as of September 2019.

Figure 3b: PCMH Recognized PCPs in MMC by Level and Standard Year						
Recognition Level Number of PCMH PCPs Percent of PCMH P						
	1	2	<1%			
2014 Standards	2	58	<1%			
	3	3,891	47%			
2017 St	andards	12	<1%			
NYS	РСМН	4,251	52%			
Тс	otal	8,214	100%			

# **Section 2: Provider Information**

Figure 4 shows the percentage of PCMH-recognized PCPs, non-PCMH-recognized PCPs, and all PCPs that participate in MMC in NYS. As of September 2019, there are 1,362 PCMH-recognized providers that do not participate with MMC or have another specialty outside of the primary care specialties presented in this report. These providers may participate in Medicaid FFS.

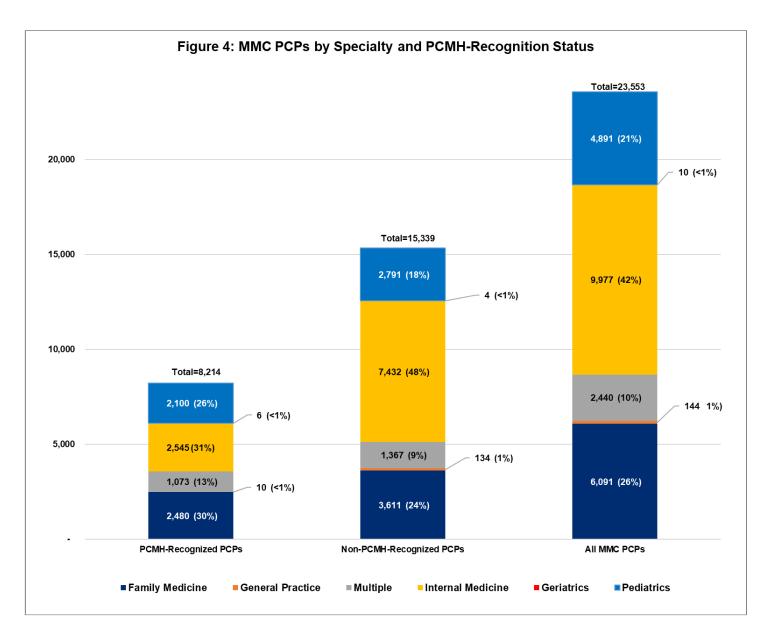
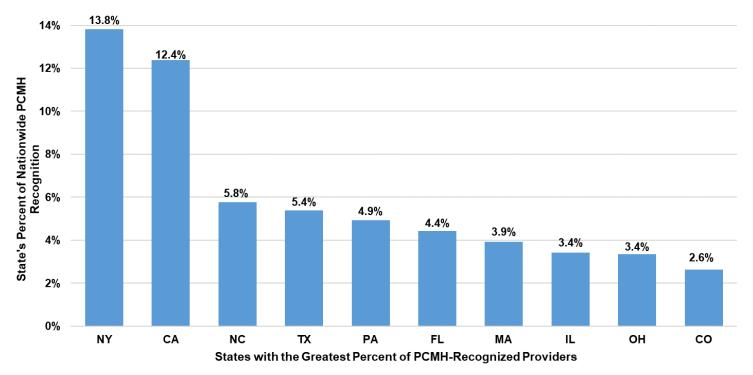


Figure 5 displays states with the most NCQA PCMH-recognized providers in the country as of September 2019. These 10 states account for 60% of all PCMH-recognized providers in the country; all other states that are not included in this graph represent the remaining 40% of PCMH-recognized providers in the country. Over 13% of all PCMH-recognized providers in the country practice in NYS. As of September 2019, NYS had the highest percentage of providers compared to the other states. This figure only represents the PCMH providers that are recognized by NCQA. Providers may participate in other primary care transformation programs that are similar to NCQA's model.



### Figure 5: PCMH-Recognized Providers by Top Adopting States

# **Section 3: Enrollee Information**

Figure 6a shows the PCMH penetration rate for MMC, HARP, and HIV SNP enrollees. A higher proportion of HIV SNP enrollees are assigned to a PCMH recognized PCP compared to other Medicaid product types.

Figure 6a: PCMH Penetration Rate of Assigned MMC, HARP, and HIV SNP Enrollees							
	Assigned MMC Enrollees						
Total Enrollees As signed to a PCMH Recognized Provider	2,760,839	90,952	11,295	2,863,086			
Total Enrollees As signed to a non PCMH Recognized Provider	1,296,501	39,310	2,137	1,337,948			
Total Enrollees	4,057,340	130,262	13,432	4,201,034			
PCMH Penetration Rate	68%	70%	84%	68%			

Figure 6b shows the number of NYS MMC, HARP, and HIV SNP enrollees assigned to PCMHrecognized PCPs by level and standard year as of September 2019. The majority of enrollees are assigned to PCPs recognized at NCQA's NYS PCMH standards.

Figure 6b: MMC Enrollees Assigned to PCMH Providers by Standard Year and Recognition Level						
Recognition Standard Year	Recognition Level	Assigned MMC Enrollees	Assigned HARP Enrol lees	Assigned HIV SNP Enrol- lees	Total Enrollees	
2014 Standards	1	123	7	0	130	
	2	17,774	425	0	18,199	
	3	1,244,089	40,938	6,748	1,291,775	
2017 Standards		3,743	12	0	3,755	
NYS PCMH		1,495,110	49,570	4,547	1,549,227	
Total Enrollees		2,760,839	90,952	11,295	2,863,086	

Figure 7a shows the number of MMC, HARP, and HIV SNP enrollees assigned to PCMH-recognized PCPs from September 2018 to September 2019. As of September 2019, 68% of NYS MMC enrollees are assigned to PCMH-recognized PCPs.

Figure 7a: Growth in MMC, HARP, and HIV SNP Enrollees Assigned to PCMH Recognized PCPs by Quarter								
	September 2018December 2018March 2019June 							
MMC Enrollees Assigned to PCMHs	2,893,272	2,838,103	2,812,924	2,826,383	2,863,086			
Enrollees Assigned to Non PCMHs	1,474,733	1,531,068	1,483,958	1,425,319	1,337,948			
Total Enrollees	4,368,005	4,369,171	4,296,882	4,251,702	4,201,034			
PCMH Penetration Rate	66%	65%	65%	66%	68%			

Figure 7b shows the rate of auto-assignment between PCMH-recognized and non-PCMH recognized practices in MMC. Auto-assignment is a process where an enrollee is assigned to a PCP by their health plan when the enrollee did not select a PCP. As of September 2019, the majority of MMC, HARP, and HIV SNP enrollees were not auto-assigned. Enrollees assigned to a PCMH-recognized provider had the highest rate of auto-assignment.

Figure 7b: Auto Assignment Rates Between PCMH Recognized and	
Non PCMH Recognized PCPs in MMC, HARP, and HIV SNP	

	Not Auto Assigned	Auto Assigned	Not Reported	Un assigned	Total Enrollees		
Total Enrollees As signed to a PCMH Recognized Provider	1,538,811 (54%)	840,678 (29%)	483,597 (17%)	0 (0%)	2,863,086 (100%)		
Total Enrollees As- signed to a non PCMH Recognized Provider	721,889 (54%)	356,715 (27%)	183,569 (14%)	75,775 (6%)	1,337,948 (100%)		
Total	2,260,700 (54%)	1,197,393 (29%)	667,166 (16%)	75,775 (2%)	4,201,034 (100%)		

**Medicaid (FFS):** There were 108,238 unique Medicaid FFS enrollees that had a qualifying visit resulting in an add-on payment, with a PCMH-recognized provider from January 1, 2019 to September 2019.

# **Section 3: Enrollee Information**

Figure 8 shows select demographics of MMC, HARP, and HIV SNP enrollees assigned to PCMH-recognized PCPs, as compared to the demographics of enrollees assigned to non-PCMH-recognized providers. There is a higher proportion of enrollees assigned to a PCMH-recognized provider in Western New York and New York City, of Black and Hispanic racial/ethnic groups, those that receive TANF, and that are in age group 0-20 as compared to the demographics of enrollees assigned to non-PCMH-recognized providers.

Figure 8: NYS MMC Enrollee Characteristics					
Demographic Category		MMC Enrollees As- signed to PCMH Recognized Providers	MMC Enrollees As signed to Non PCMH Recognized Providers		
	New York City	57.04%	55.63%		
	Central	7.19%	8.07%		
Region	Long Island	7.39%	11.79%		
Region	Hudson Valley	8.57%	11.21%		
	Northeast	5.83%	4.82%		
	Western	13.99%	8.48%		
	Black	17.96%	15.77%		
	White	26.31%	32.23%		
Race	Asian	11.07%	10.18%		
	Hispanic	11.31%	8.40%		
	Other	33.34%	33.41%		
	Safety Net	25.79%	32.1%		
Aid	Supplemental Security Income	8.02%	6.85%		
Category	TANF	66.14%	61.00%		
	Other	<1%	<1%		
Age	0 20	48.52%	41.39%		
	21 54	40.42%	46.20%		
	55 64	9.91%	11.10%		
	65 74	<1%	<1%		
	75+	<1%	<1%		
Gender	Male	46.67%	47.60%		
Gender	Female	53.32%	52.40%		

### **Section 4: Expenditures**

The figures in this section display the amounts paid for the New York Statewide Medicaid PCMH Incentive Payment Program. Figure 9 shows the amount spent on PCMH-recognized providers via increased capitation payments to practices for their MMC, HARP, HIV SNP, and CHP enrollees from January 2019 through September 2019.

Figure 9: Medical Home Spending by MMC Product Line January 2019 through September 2019						
MMC HARP HIVS		HIV SNP	СНР	Total		
Total	\$ 140,387,252	\$ 4,261,122	\$ 521,561	\$ 13,069,954	\$ 158,239,889	

For more information on PCMH initiatives in Medicaid, please visit:

https://www.health.ny.gov/health\_care/medicaid/program/update/medup-pa-pn.htm#patiented

### Information on New York State PCMH Initiatives in Medicaid

https://www.health.ny.gov/health\_care/medicaid/program/update/medup-pa-pn.htm#patiented

#### Comparison of NCQA's 2014 and 2017 standards

http://www.ncqa.org/Portals/0/Programs/Recognition/PCMH/PCMH%202014-PCMH%202017%20Crosswalk%206.19.17 Final web.pdf

#### New York State PCMH Brochure

https://www.health.ny.gov/technology/nys\_pcmh/docs/pcmh\_brochure.pdf

### New York State PCMH Standards and Guidelines

http://store.ncqa.org/index.php/catalog/product/view/id/3100/s/2017-pcmh-standards-and-guidelines-for-new-york-state-practices-only-epub/

#### NCQA PCMH-Recognition State Comparison

http://reportcards.ncqa.org/#/practices/list

#### **Previous PCMH Quarterly Reports**

https://www.health.ny.gov/technology/nys\_pcmh/

#### Information on the Adirondack Medical Home Demonstration https://www.health.ny.gov/technology/innovation\_plan\_initiative/pcmh/docs/2014\_pcmh\_initiative.pdf

Information on the Delivery System Reform Incentive Payment Program https://www.health.ny.gov/health\_care/medicaid/redesign/dsrip/

Questions? Contact the Office of Quality and Patient Safety, NYS DOH, via email at: pcmh@health.ny.gov