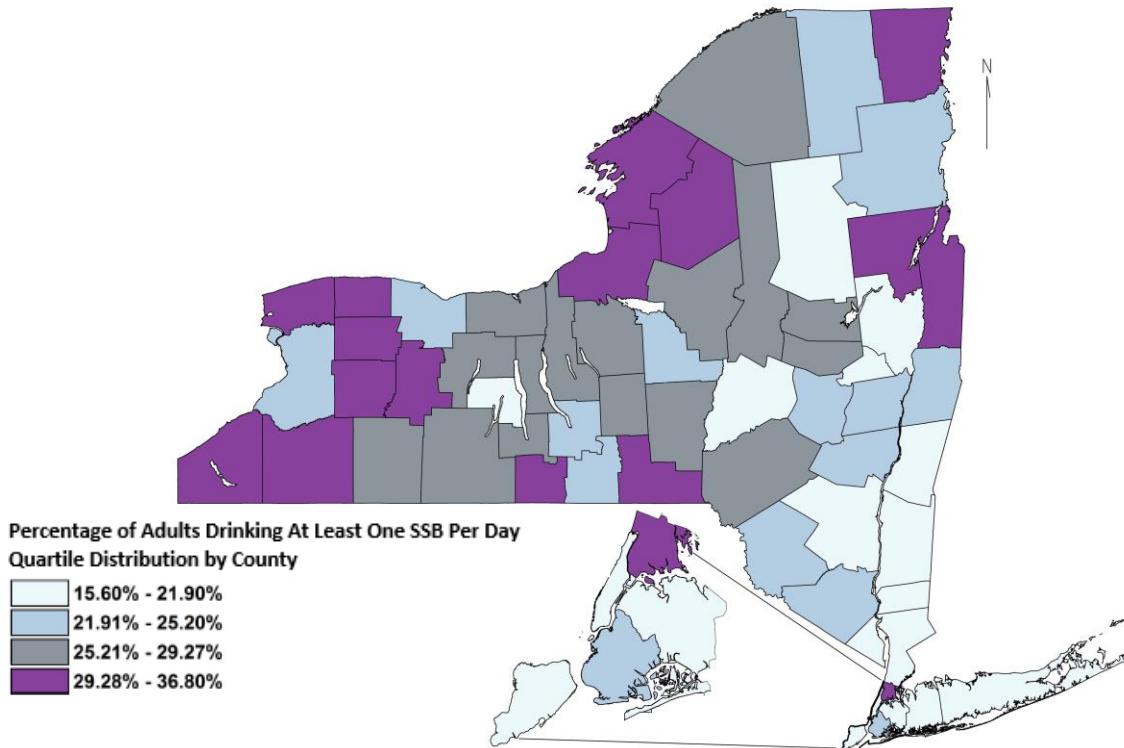


Sugar-Sweetened Beverage Consumption among New York State Adults by County, BRFSS 2016

Sugar-sweetened beverage (SSB) consumption is linked to weight gain, metabolic syndrome, dental caries, and type 2 diabetes in adults. Americans consume an average of 138 calories from SSBs on a given day. In New York State, 23.2% of adults drink at least one SSB per day.¹ Within New York State, the prevalence of daily SSB consumption varies by county from 15.6% to 36.8%.

- Counties outside New York City with the highest prevalence are Jefferson (36.8%), Genesee (34.9%) and Livingston (33.3%).
- Counties outside New York City with the lowest prevalence are Yates (15.6%), Hamilton (16.4%), and Westchester (17.8%).
- Among New York City boroughs, prevalence is highest in Bronx (30.9%) and lowest in Richmond (16.7%).

Prevalence of Daily Sugar-Sweetened Beverage Consumption among New York State Adults, by County



Public Health Opportunity

The New York State Prevention Agenda focuses on promoting and supporting healthy eating and food security. Relevant goals include: reducing obesity, increasing access to healthy and affordable foods and beverages, increasing skills and knowledge to support healthy food and beverage choices, and increasing food security.

County level estimates of sugar-sweetened beverage consumption can be used to identify areas of concern, inform program planning, and evaluate the effectiveness of programs and policies. Local level nutrition programs can also use this information to educate local decision-makers and increase community engagement.

1. New York State Behavioral Risk Factor Surveillance System (BRFSS). Sugar-Sweetened Beverages, 2016.
https://www.health.ny.gov/statistics/brfss/reports/docs/1804_brfssbrief_sugar_sweetened_beverages.pdf

Prevalence of Daily Sugar-Sweetened Beverage (SSB) Consumption among New York State Adults, by County

County	At least one SSB per day (%)	[95%CI]*	County	At least one SSB per day (%)	[95%CI]*
Albany	22.2	[17.6 - 26.8]	Niagara	29.7	[22.9 - 36.6]
Allegany	28.9	[22.3 - 35.6]	Oneida	26.4	[20.8 - 32.0]
Bronx	30.9	[25.9 - 35.8]	Onondaga	27.0	[22.7 - 31.4]
Broome	32.1	[25.2 - 39.0]	Ontario	26.1	[18.5 - 33.6]
Cattaraugus	31.1	[26.0 - 36.2]	Orange	24.0	[18.9 - 29.1]
Cayuga	27.4	[22.2 - 32.7]	Orleans	31.6	[24.0 - 39.2]
Chautauqua	30.6	[26.4 - 34.7]	Oswego	29.4	[22.5 - 36.3]
Chemung	32.4	[25.5 - 39.3]	Otsego	20.4	[13.7 - 27.2]
Chenango	25.2	[18.4 - 32.0]	Putnam	20.7	[14.7 - 26.7]
Clinton	32.3	[27.2 - 37.5]	Queens	20.4	[16.5 - 24.2]
Columbia	19.8	[14.2 - 25.3]	Rensselaer	22.9	[17.4 - 28.4]
Cortland	25.8	[18.2 - 33.4]	Richmond	16.7	[11.4 - 21.9]
Delaware	25.5	[18.9 - 32.1]	Rockland	21.4	[15.7 - 27.1]
Dutchess	21.4	[16.4 - 26.4]	Saratoga	21.2	[16.9 - 25.4]
Erie	24.0	[19.5 - 28.5]	Schenectady	19.8	[14.1 - 25.6]
Essex	22.6	[16.5 - 28.6]	Schoharie	24.5	[16.6 - 32.4]
Franklin	24.2	[18.7 - 29.8]	Schuyler	26.3	[18.1 - 34.5]
Fulton	28.5	[22.1 - 34.9]	Seneca	25.6	[18.0 - 33.1]
Genesee	34.9	[28.8 - 41.0]	St. Lawrence	27.5	[21.0 - 34.0]
Greene	23.8	[17.0 - 30.7]	Steuben	25.2	[18.8 - 31.6]
Hamilton	16.4	[9.7 - 23.0]	Suffolk	19.2	[14.6 - 23.7]
Herkimer	25.8	[20.0 - 31.7]	Sullivan	24.7	[18.6 - 30.8]
Jefferson	36.8	[28.5 - 45.1]	Tioga	22.4	[16.2 - 28.6]
Kings	24.7	[21.1 - 28.3]	Tompkins	24.5	[17.1 - 31.9]
Lewis	29.5	[20.8 - 38.2]	Ulster	21.8	[16.6 - 27.1]
Livingston	33.3	[24.8 - 41.8]	Warren	30.0	[24.1 - 35.8]
Madison	23.4	[15.9 - 31.0]	Washington	31.2	[24.7 - 37.7]
Manhattan	20.0	[16.3 - 23.7]	Wayne	25.7	[20.4 - 31.0]
Monroe	25.1	[19.9 - 30.3]	Westchester	17.8	[13.6 - 22.1]
Montgomery	27.9	[19.8 - 36.0]	Wyoming	30.2	[23.1 - 37.4]
Nassau	19.4	[15.0 - 23.8]	Yates	15.6	[9.8 - 21.4]

* When comparing rates, the 95% confident interval (95% CI) provides the statistical range containing the true population rate with a 95% probability.