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State/Territory Name: New York

State Plan Amendment (SPA) #: 19-0037

This file contains the following documents in the order listed:

1) Approval Letter
2) CMS 179 Form
3) Approved SPA Pages
September 4, 2019

Donna Frescatore  
Deputy Commissioner  
Office of Health Insurance Programs  
New York State Department of Health  
One Commerce Plaza, Suite 1211  
Albany, NY 12210.

Dear Ms. Frescatore:

This is to notify you that New York State Plan Amendment (SPA) #19-0037 has been approved for adoption into the State Medicaid Plan with an effective date of July 1, 2019. This SPA authorizes the diabetes prevention services as outlined by the Centers for Disease Control and Prevention recognized National Diabetes Prevention Program.

Enclosed are copies of the approved SPA # 19-0037. If you have any questions or wish to discuss this SPA further, please contact Maria Tabakov. Ms. Tabakov may be reached at (212) 616-2503.

Sincerely,

Nicole McKnight  
Acting Deputy Director  
Regional Operations Group

cc: MLevesque  
RDeyette  
DSteinbach  
JHounsell  
RWWeaver
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES

TO: REGIONAL ADMINISTRATOR
CENTERS FOR MEDICARE & MEDICAID SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

1. TRANSMITTAL NUMBER 19-0037
2. STATE New York
3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)
   TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)
4. PROPOSED EFFECTIVE DATE July 1, 2019

5. TYPE OF PLAN MATERIAL (Check One)
   O NEW STATE PLAN
   O AMENDMENT TO BE CONSIDERED AS NEW PLAN
   O AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION §1902(a) of the Social Security Act, and 42 CFR 447.205
7. FEDERAL BUDGET IMPACT
   a. FFY 07/01/19-09/30/19 $ (30,264)
   b. FFY 10/01/19-09/30/20 $ (1,210.54)

8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT
   Attachment 3.1-A Supplement: Page 2(c.1.2)
   Attachment 3.1-B Supplement: Page 2(c.1.2)
   Attachment 4.19-B: Page 19

9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)
   Attachment:

10. SUBJECT OF AMENDMENT
    NDPP (FMAP=50%)

11. GOVERNOR’S REVIEW (Check One)
    O GOVERNOR'S OFFICE REPORTED NO COMMENT
    O COMMENTS OF GOVERNOR’S OFFICE ENCLOSED
    O NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

16. RETURN TO
    New York State Department of Health
    Division of Finance and Rate Setting
    99 Washington Ave – One Commerce Plaza
    Suite 1432
    Albany, NY 12210

17. DATE RECEIVED
18. DATE APPROVED SEPTEMBER 04, 2019

19. EFFECTIVE DATE OF APPROVED MATERIAL JULY 01, 2019
20. SIGNATURE OF REGIONAL OFFICIAL

21. TYPED NAME NICOLE McKnight
22. TITLE Acting Deputy Director
    Regional Operations Group

23. REMARKS

Instructions on Back
13c. Preventive Services

National Diabetes Prevention Program (NDPP)

For dates of service on or after July 1, 2019, Medicaid will begin covering diabetes prevention services as outlined in the Centers for Disease Control and Prevention (CDC)-recognized National Diabetes Prevention Program (NDPP). The NDPP is an evidence-based, educational and support program designed to assist at-risk individuals from developing Type 2 diabetes. Diabetes services are provided as preventive services pursuant to 42 C.F.R. Section 440.130(c) and must be recommended by a physician or other licensed practitioner of the healing arts within his or her scope of practice under state law to prevent diabetes, prolong life, and promote the physical and mental health of the beneficiary.

The CDC grants NDPP recognition only to organizational entities. Therefore, only organizations that have achieved CDC recognition can be enrolled in Medicaid as an NDPP provider. Individuals who wish to participate in the Medicaid NDPP program may do so as a trained "Lifestyle Coach" once they meet the standards and guidelines specified in the CDC’s Diabetes Prevention Recognition Program (DPRP). Only the organizations that are enrolled in Medicaid as NDPP providers may bill for NDPP services. The CDC-recognized organization will supervise Lifestyle Coaches and must ensure that the individual Lifestyle Coaches providing NDPP services on behalf of the organization have been formally trained and have complied with the requirements outlined by the CDC.

A Lifestyle Coach may be a physician, non-physician practitioner, or an unlicensed person who has received formal training on a CDC-approved curriculum for at least 12 hours and is recognized as having met the NDPP requirements specified in the CDC’s Diabetes Prevention Recognition Program (DPRP) standards and guidelines.

Lifestyle Coaches will work with Medicaid members to provide them with a practical understanding of the positive impacts of healthier, sustained dietary habits; increased physical activity; and behavior change strategies for weight control; and will offer the following services with the goal to prevent Type 2 diabetes:

- Counseling related to long-term dietary change, increased physical activity, and behavior change strategies for weight control;
- Counseling and skill building to facilitate the knowledge, skill, and ability necessary to prevent the onset of Type 2 diabetes; and
- Nutritional counseling.

Attachment 3.1-A
Supplement

New York
2(c.1.2)

TN #19-0037 Approval Date 09/04/2019
Supersedes TN NEW Effective Date 07/01/2019
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National Diabetes Prevention Program (NDPP)

Reimbursement Methodology:
Effective July 1, 2019, the Medicaid rate for NDPP services will be set at 80 percent of the corresponding 2019 Medicare NDPP rate for the same or similar service.

Approval Date: 09/04/2019
Effective Date: 07/01/2019