

Think you might have been exposed to HIV in the last 3 days?

PEP (Post-Exposure Prophylaxis) is an emergency medicine you take to prevent HIV infection.

You must start it within 72 hours after a possible exposure to HIV.

If you think you were exposed to HIV, talk to a medical professional about PEP as soon as possible.

Call the NYS or NYC PEP hotline:
Outside NYC: 844-PEP4NOW (844-737-4669)
In NYC: 844-3-PEPNYC (844-373-7692)

The hotline medical provider will assess your exposure, prescribe PEP through a local pharmacy if needed, and hotline staff can assist with scheduling a follow-up medical appointment.

How to get PrEP.

PrEP is covered by Medicaid and many health insurance plans. PrEP assistance programs can help cover costs. Speak with your provider about payment options.

To find a PrEP provider near you, go to the NYSDOH PrEP provider directory: <https://providerdirectory.aidsinstituteny.org>

In NYC call 311 or go to www.health.ny.gov/PrEP and search for "PrEP" to find a list of providers.

PrEP protects only against HIV.

Use condoms, clean needles, and clean injection supplies to prevent other infections. Use birth control to prevent pregnancy. To learn more about PrEP visit: www.health.ny.gov/PrEP

PrEP is under YOUR CONTROL -
you can use it with or without your partner's knowledge.

Refused to use condoms?
Made you have sex when you did not want to?
Had sex with anyone besides you?
Has ever been in jail or prison?
Injected drugs with a needle?
Has HIV?
Is a man who has sex with other men?

In the last 6 months, have you had a sexual partner who:

A medication to prevent HIV

PrEP is for women



Text adapted with permission of Planned Parenthood of NYC: www.ppnyc.org

PrEP is a medication that protects you in case you are exposed to HIV in the future.

PrEP is considered safe and effective for women.

- More than 90% effective in preventing HIV infection if taken every day.
- Can protect you from HIV if you wish to get pregnant with an HIV+ partner.



If you say yes to any of the following questions, PrEP might be right for you.

In the last 6 months, did you:

- Have sex without condoms with a person whose HIV status you didn't know?
- Have a sexually transmitted infection (an "STI"), such as gonorrhea, syphilis, or herpes?
- Have sex while drunk or high?
- Have sex for something you needed (such as housing, money, drugs)?
- Share needles or injection supplies?

If you answered yes to any of the questions, ask a health care provider about an HIV test, and whether PrEP might be for you.

How to get an HIV test: Ask your health care provider for an HIV test or go to your local health department, family planning clinic, or a Community-Based Organization. To find an HIV testing provider, go to: <https://campaigns.health.ny.gov/BeyondStatus>



PrEP (pre-exposure prophylaxis) is a medication that people take so they can reduce their worry about getting HIV.