

Diabetes?

ESAP allows you to buy up to 10 syringes and needles without a prescription at participating drugstores, medical provider's offices and health care centers in New York State.

EXPANDED SYRINGE ACCESS PROGRAM

E S A P

What is ESAP?

The Expanded Syringe Access Program (ESAP) allows anyone 18 or older to buy up to 10 syringes and needles without a prescription at any pharmacy registered as an ESAP provider in New York State. Registered medical providers and health care facilities can also provide them without a prescription.



"I try to be prepared by bringing extra diabetes supplies with me when I travel. And I talk with my health care provider before a trip to plan how I will stay on schedule with my meals and insulin. Still, things don't always go the way you plan! With ESAP, I always have a backup - 10 syringes without a prescription."

How can I find an ESAP pharmacy?

Visit the New York State Department of Health website for a list of ESAP registered providers by county at:

https://www.health.ny.gov/diseases/aids/consumers/prevention/needles_syringes/esap/provdirect.htm

You can also visit **The Point**, a website/mobile friendly locator described in page 7.



How can ESAP help me?

If you find yourself without syringes, buying them through ESAP can help you take your insulin on schedule until you can get a prescription.

You won't have to reuse syringes and needles while you wait to have a prescription filled or refilled.

Be sure to follow up with your doctor or health care provider.



"Being able to get syringes without a prescription really helped me when I was in a pinch. I thought I was just going out of town for the day, but a snowstorm had other ideas! I was stuck for the weekend, with only one syringe. Luckily, there was an ESAP pharmacy just around the corner."

How do I safely dispose of used sharps?

If you do not have a sharps container, use a plastic bottle that cannot be broken or punctured, such as a bleach bottle or laundry detergent bottle. Close the screw-on cap tightly. Put tape over the cap and write “Contains Sharps” on the bottle. Put sharps into your container as soon as you use them. Keep the container closed and away from children and pets.

In New York State, all hospitals and nursing homes are mandated to collect used sharps for safe disposal. Call your local hospitals and nursing homes to find out when and where you can drop off used sharps. The state has also placed sharps collection metal boxes (kiosks) and/or wall mounted units in different site type facilities throughout the state to increase your disposal options. To learn more, visit the NYS Safe Sharps Collection Program at: health.ny.gov/sharps-collection



Check with your local health, sanitation, or public works department or trash collector before you dispose of sharps in your household trash.

Do not put a plastic bottle containing sharps in with plastics to be recycled.

What if I am away from home?

If you are in New York State, you are out of syringes, and unable to reach your doctor, don't panic! ESAP can help.



For more information on syringe access and disposal, call:

NYS Department of Health HIV/AIDS Information Line:
1-800-541-2437.

Growing Up Healthy Hotline: 1-800-522-5006,
(TTY: 1-800-655-1789)

New York City Department of Health and Mental Health,
NYC WELL: 1 (888) 692-9355 or text "WELL" to 65173 or go to:
<http://nycwell.cityofnewyork.us>



The Point is a New York State-specific, mobile friendly locator tool for harm reduction material and services. Among other services you can find locations near you where you can obtain hypodermic needles and syringes without a prescription, as well as locations where syringes and drugs can be disposed safely in secure and anonymous drop boxes (kiosks). Visit: <http://thepointny.org/>

