

# You had a rapid hepatitis C antibody test: Your result is non-reactive/antibody negative.

## This means:

- You are probably not infected with **hep C**.
- Your non-reactive test result does not protect you from getting **hep C** in the future.

## What to do next:

### If you engaged in risky behavior in the last 6 months:

- Get tested again in a few months.
- It can take up to 6 months for your body to produce enough antibodies to be measured by the test.
- **Hep C** is spread by contact with infected blood. You are at risk for **hep C** if you had contact with infected blood within the past 6 months (shared injection equipment, had rough, unprotected sex, etc.)

### Stay negative. Be safe.

#### Don't share.

- Do not share needles, or any other injection equipment (cotton, cooker, etc.) or anything, including razors or other personal care items that may have blood on them.

#### Think before you ink.

- Do not get tattoos, piercings or body art from places such as jails, on the street, or in someone's home. Instead, get them from a licensed artist.

### Make healthy choices.

- Make sure you are vaccinated against hepatitis A and B.
- Eat healthy (limit sugar, salt and fat), exercise and get enough rest.
- Practice safer sex by getting tested and treated for any STDs and HIV, and using condoms or other barriers (dental dams, gloves).
- Even if you don't have **hep C**, you should see a doctor on a regular basis.

### Find out more about **hep C**.

**Stay Negative. Be Safe.**

