

# Emergency Medical Technician Basic

## Practical Skills Examination Sheets



# **EMT – Basic Practical Skills Examination Sheets “Updates”**

Included on this page are the changes or updates that have been made to the EMT-B Practical Skills Examination Sheets. Any time the Bureau of EMS makes a change to the skills sheets we will update this page. The date at the bottom of each skills sheet will also be updated with the date of the most recent change.

<b>Date of Change</b>	<b>Station #</b>	<b>Changes Made</b>
07/26/12	ALL	Updated to meet the new National Education Standards. To be used for all courses testing on or after December 20, 2012.

**New York State Department of Health  
Bureau of Emergency Medical Services**

**Emergency Medical Technician  
Standardized Practical Skills Examination**

**Skill Station 1:**

Mandatory: 1-A – Patient Assessment – Medical

Mandatory: 1-B – Patient Assessment – Trauma

**Skill Station 2:**

Mandatory: 2 – Cardiac Arrest Management/AED

**Skill Station 3:**

Mandatory: 3 – Bag-Valve-Mask Apneic with Pulse

**Skill Station 4:**

Optional Skills – Choose 1 (candidate must blindly choose card denoting the station number to be tested)

4A – Upper Airway Adjuncts and Suction

4B – Supplemental Oxygen Administration

4C – Bleeding Control/Shock Management

**Skill Station 5:**

Optional Skills – Choose 1 (candidate must blindly choose card denoting the station number to be tested)

5A – Spinal Immobilization – Seated Patient

5B – Spinal Immobilization – Supine Patient

**Skill Station 6:**

Optional Skills – Choose 1 (candidate must blindly choose card denoting the station number to be tested)

6A – Immobilization Skills – Long Bone

6B – Immobilization Skills – Joint Injury

6C – Immobilization Skills – Traction Splint

Candidates who **fail two skill stations or less** on the practical exam, may be retested on those skills. **Three or more failed stations** constitutes a failure of the practical examination and the candidate must complete a refresher or original course prior to being retested.

## PATIENT ASSESSMENT - MEDICAL

### INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to perform a patient assessment of a patient with a chief complaint of a medical problem and “voice” treat all conditions discovered. You must conduct your assessment as you would in the field including communicating with your patient. You may remove the patient’s clothing down to shorts or swimsuit if you feel it is necessary. As you conduct your assessment, you should verbalize everything you are assessing. Clinical information not obtainable by visual or physical inspection will be given to you after you demonstrate how you would normally gain that information. You may assume that you have two EMTs working with you and that they are correctly carrying out the verbal treatments you indicate. You have ten (10) minutes to complete this skill station. Do you have any questions?

### NOTES

**STATION**  
**1-A**  
**EMT**

**PATIENT ASSESSMENT**  
**MEDICAL**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

		Points:	Possible	Awarded	Comments	
SCENE SIZE-UP	<b>Takes, or verbalizes, body substance isolation precautions</b>		C			
	<b>Determines the scene is safe</b>		C			
	Determines the mechanism of injury / nature of illness		1			
	Determines the number of patients		1			
	Requests additional help if necessary		1			
	Considers stabilization of spine		1			
PRIMARY ASSESSMENT	Verbalizes general impression of the patient		1			
	Determines responsiveness/level of consciousness (AVPU)		1			
	Determines chief complaint/apparent life threats		1			
	<b>Airway and Breathing</b>	<b>Assess and maintains airway</b>		C		
		<b>Initiates appropriate oxygen therapy</b>		C		
		<b>Assures adequate ventilation</b>		C		
		<b>Manages life threats to airway/breathing</b>		C		
	<b>Circulation</b>	<b>Assesses/controls major bleeding</b>		C		
		<b>Assesses pulse</b>		C		
		<b>Assesses skin (color, temperature, and condition)</b>		C		
	<b>Assesses airway, breathing &amp; circulation prior to physical exam</b>		C			
<b>Identifies priority patient/updates responding EMS units with brief report</b>		C				
HISTORY SECONDARY ASSESSMENT	Obtain baseline vital signs	Pulse Rate (1) & Quality (1) (+/- 10) [1]	3			
		Respirations Rate (1) & Quality (1) (+/- 4) [1]	3			
		Blood Pressure Systolic (1) (+/- 10) Diastolic (1) (+/- 10)	2			
		Skin (color [1], temperature [1] & condition [1])	3			
	Onset (1), Provocation (1), Quality (1), Radiation (1), Severity (1), Time (1)		6			
	Allergies (1), Medications (1), Pertinent Past History (1), Last oral intake (1), Events(1)		5			
	Assesses appropriate body system	Cardiovascular, Pulmonary, Neurological, Musculoskeletal, Integumentary, GI/GU, Reproductive, Psychological/Social	C			
	States general impression		1			
	Verbalizes appropriate interventions and treatment		1			
	<b>REASSESSMENT</b>	States when will do reassessment/how often	1			
Appropriately verbalizes report to arriving ambulance crew		1				
<b>Candidate completed station within 10 minute time limit</b>		C				
<b>Note: Candidate must complete all critical criteria and receive at least 23 points to pass this station.</b>			<b>33</b>			

## **PATIENT ASSESSMENT - TRAUMA**

### **INSTRUCTIONS TO THE CANDIDATE**

This station is designed to test your ability to perform a patient assessment of a victim of multi-system trauma and “voice” treat all conditions and injuries discovered. You must conduct your assessment as you would in the field including communicating with your patient. You may remove the patient’s clothing down to shorts or swimsuit if you feel it is necessary. As you conduct your assessment, you should verbalize everything you are assessing. Clinical information not obtainable by visual or physical inspection will be given to you after you demonstrate how you would normally gain that information. You may assume that you have two EMTs working with you and that they are correctly carrying out the verbal treatments you indicate. You have ten (10) minutes to complete this skill station. Do you have any questions?

### **NOTES**

**STATION**  
**1-B**  
**EMT**

**PATIENT ASSESSMENT**  
**TRAUMA**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

**Points:      Comments**

		Points:	Comments		
<b>SCENE SIZE-UP</b>	Takes, or verbalizes, body substance isolation precautions		C		
	Determines the scene is safe		C		
	Determines the mechanism of injury / nature of illness		1		
	Determines the number of patients		1		
	Requests additional help if necessary		1		
<b>Considers stabilization of spine</b>		<b>C</b>			
<b>PRIMARY ASSESSMENT</b>	Verbalizes general impression of the patient		1		
	Determines responsiveness/level of consciousness (AVPU)		1		
	Determines chief complaint/apparent life threats		1		
	<b>Airway and Breathing</b>	<b>Assess and maintains airway</b>		<b>C</b>	
		Initiates appropriate oxygen therapy		C	
		Assures adequate ventilation		C	
		Manages life threats to airway/breathing		C	
	<b>Circulation</b>	Assesses/controls major bleeding		C	
		Assesses pulse		C	
		Assesses skin (color, temperature, and condition)		C	
	<b>Assesses airway, breathing &amp; circulation prior to physical exam</b>		<b>C</b>		
<b>Identifies priority patient/updates responding EMS units with brief Report</b>		<b>C</b>			
<b>HISTORY SECONDARY ASSESSMENT</b>	History	Attempts to obtain SAMPLE	1		
	Head	Inspect mouth and nose	1		
		Inspect & palpate scalp, ears and facial area	1		
	Neck	Assesses eyes	1		
		Palpates trachea for position	1		
		Checks jugular veins	1		
	Chest	Palpates cervical spine	1		
		Inspects chest (1) and Palpates chest (1)	2		
	Abdomen/Pelvis	Auscultates chest – Left side (1), Right side (1)	2		
		Inspects (1) & palpates (1) abdomen	2		
	Lower Extremities	Assesses pelvis	1		
		Verbalizes assessment of genitalia/perineum	1		
		Inspects (1) palpates (1) motor/sensory/pulses (1) ea leg	6		
		Inspects (1) palpates (1) motor/sensory/pulses (1) ea arm	6		
		Inspects (1) palpates (1) thorax	2		
		Inspects (1) palpates (1) lumbar and buttocks	2		
	Vital Signs	Pulse      Rate (1) & Quality (1) (+/- 10) [1]	3		
		Respirations      Rate (1) & Quality (1) (+/- 4) [1]	3		
		Blood Pressure Systolic (1) (+/- 10) Diastolic (1) (+/- 10)	2		
		Skin (color [1], temperature [1] & condition [1])	3		
Manages secondary injuries and wounds appropriately		1			
Verbalizes appropriate interventions and treatment		1			
<b>REASSESSMENT</b>	States when will do reassessment/how often	1			
Appropriately verbalizes report to arriving ambulance crew		1			
<b>Candidate completed station within 10 minute time limit</b>		<b>C</b>			
<b>Note: Candidate must complete all critical criteria. Total to pass: 37</b>		<b>52</b>			

## CARDIAC ARREST MANAGEMENT AED

### INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to manage a prehospital cardiac arrest by integrating CPR skills, defibrillation, airway adjuncts and patient/scene management skills. There will be an EMT assistant in this station. The EMT assistant will only do as you instruct. As you arrive on the scene you find a patient on the floor. You must immediately establish control of the scene and care of the patient. At the appropriate time, the patient's airway must be controlled and you must ventilate or direct the ventilation of the patient using adjunctive equipment. You may use any of the supplies available in this room. You have 15 minutes to complete this skill station. Do you have any questions?

### NOTES

**STATION**  
**2**  
**EMT**

**CARDIAC ARREST  
MANAGEMENT  
AED**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

	Points:	Possible	Awarded	Comments
<b>ASSESSMENT &amp; INITIAL TREATMENT</b>	<b>Takes or verbalizes, body substance isolation precautions</b>	<b>C</b>		
	Appropriately assess patient and confirms no pulse	1		
	Directs rescuer to begin single rescuer CPR	1		
	Assures adequate CPR <b>and</b> adequate (visible) chest rise during ventilations	1		
	Properly attaches AED pads in the correct locations	1		
	Turns on AED	1		
	Directs rescuer to stop CPR	1		
	<b>Ensures all individuals are clear of the patient</b>	<b>C</b>		
	Initiates analysis of the patient's rhythm	1		
	<b>Delivers one (1) shock</b>	<b>C</b>		
<b>INTEGRATION</b>	<b>TRANSITION</b>	1		
	Immediately begins 2 rescuer CPR without performing a pulse check (candidate must be performing ventilations)(continues for 2 full minutes)			
	Assures adequate CPR <b>and</b> adequate (visible) chest rise during ventilations	1		
	Verbalizes insertion of a simple airway adjunct (oral/nasal airway)	1		
	Assures high concentration of oxygen is delivered to the patient	1		
	Assures CPR continues without unnecessary/prolonged interruption during the 2 minutes	1		
	Directs rescuer to stop CPR	1		
	<b>Ensures all individuals are clear of the patient</b>	<b>C</b>		
	Initiates analysis of the patient's rhythm	1		
	<b>Delivers one (1) shock</b>	<b>C</b>		
Immediately begins 2 rescuer CPR without performing a pulse check (candidate should be performing ventilations)				
Verbalizes transportation of patient	1			
<b>Candidate did not initiate first shock within 90 seconds of arrival</b>	<b>C</b>			
<b>Candidate did not initiate/resume CPR at appropriate times</b>	<b>C</b>			
<b>Candidate operated the AED improperly or unsafely</b>	<b>C</b>			
<b>Stops compressions to attach AED</b>	<b>C</b>			
<b>Candidate failed to assure appropriate compression-to-ventilation ratios</b>	<b>C</b>			
<b>Candidate completed station within 15 minute time limit</b>	<b>C</b>			
<b>Note: Candidate must complete all critical criteria and receive at least 11 points to pass this station.</b>	<b>15</b>			

**COMMENTS:**

## **BAG-VALVE-MASK APNEIC WITH PULSE**

### **INSTRUCTIONS TO THE CANDIDATE**

This station is designed to test your ability to ventilate a patient using a bag-valve-mask. As you enter the station you will find an apneic patient with a palpable carotid pulse. There are no bystanders and artificial ventilation has not been initiated. The only patient management required is airway management and ventilatory support. You must initially ventilate the patient for a minimum of 30 seconds prior to connecting to a supplementary oxygen source. You will be evaluated on the appropriateness of ventilatory volumes. I will then inform you that a second rescuer has arrived and will instruct you that you must control the airway and the mask seal while the second rescuer provides ventilations. You may use only the equipment available in this room. You have five (5) minutes to complete this station. Do you have any questions?

### **NOTES**

**STATION**  
**3**  
**EMT**

**BAG-VALVE-MASK  
APNEIC WITH  
PULSE**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

Points:	<i>Possible</i>	<i>Awarded</i>	Comments
<b>Takes, or verbalizes, body substance isolation precautions</b>	<b>C</b>		
Opens the airway	1		
Inserts an airway adjunct	1		
Selects appropriately sized mask	1		
Creates a proper mask-to-face seal	1		
Delivers first ventilation within 30 seconds of opening the airway	1		
Ventilates patient at a rate of 10 – 12 breaths per minute (approximately once every 5 – 6 seconds), for no more than 30 – 45 seconds	1		
Connects reservoir and oxygen	1		
<b>Adjusts liter flow to 15 liters per minute or greater</b>	<b>C</b>		
The examiner indicates the arrival of a second EMT The second EMT is instructed to ventilate the patient while the candidate controls the mask and the airway	1		
Reopens the airway	1		
Creates a proper mask-to-face seal	1		
Instructs assistant to resume ventilations at an adequate volume to achieve visible chest rise.	1		
Instructs assistant to resume ventilations at a rate of 10 – 12 breaths per minute (approximately once every 5 – 6 seconds) (The examiner must witness for a minimum of 30 seconds)	1		
<b>Ventilates patient at an adequate volume to achieve visible chest rise</b>	<b>C</b>		
<b>Did not Interrupt ventilations for more than 30 seconds at any time</b>	<b>C</b>		
<b>Candidate ventilated patient prior to connecting supplementary oxygen</b>	<b>C</b>		
<b>Adequate ventilation volumes (did not over or under ventilate)</b>	<b>C</b>		
<b>Allowed for adequate exhalation</b>	<b>C</b>		
<b>Candidate completed station within the 5 minute time limit</b>	<b>C</b>		
<b>Note: Candidate must complete all critical criteria and receive at least 9 points to pass this station.</b>	<b>12</b>		

**COMMENTS:**

## UPPER AIRWAY ADJUNCTS AND SUCTION

### INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly measure, insert and remove an oropharyngeal and nasopharyngeal airway as well as suction a patient's upper airway. This is an isolated skills test comprised of three separate skills. You may use any equipment available in this room. You have five (5) minutes to complete this station. Do you have any questions.

### NOTES



UPPER AIRWAY  
ADJUNCTS  
& SUCTION

Pass \_\_\_\_\_  
Fail \_\_\_\_\_

*Please Print*

Candidate \_\_\_\_\_  
Examiner \_\_\_\_\_ Initials \_\_\_\_\_  
Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

**OROPHARYNGEAL AIRWAY**

Points:

Possible  
Awarded

Comments

	Possible	Awarded	Comments
<b>Takes, or verbalizes, body substance isolation precautions</b>	C		
Selects appropriately sized airway	1		
Measures airway	1		
Inserts airway without pushing the tongue posteriorly	1		
<b>Note: The examiner must advise the candidate that the patient is gagging and becoming conscious</b>			
Removes the oropharyngeal airway	1		

**Suction**

Points:

Possible  
Awarded

Comments

	Possible	Awarded	Comments
<b>Note: The examiner must advise the candidate to suction the patient's airway</b>			
Turns on/prepares suction device	1		
Assures presence of mechanical suction	1		
Inserts the suction tip without suction	1		
Applies suction to the oropharynx/nasopharynx	1		
<b>Candidate demonstrated acceptable suction technique</b>	C		

**NASOPHARYNGEAL AIRWAY**

Points:

Possible  
Awarded

Comments

	Possible	Awarded	Comments
<b>Note: The examiner must advise the candidate to insert a nasopharyngeal airway</b>			
Selects appropriately sized airway	1		
Measures airway	1		
Verbalizes lubrication of the nasal airway	1		
Fully inserts the airway with the bevel facing toward the septum	1		
<b>Candidate did not insert any adjunct in a manner dangerous to the patient</b>	C		
<b>Candidate completed the station within the 5 minute time limit</b>	C		
<b>Note: Candidate must complete all critical criteria and receive at least 9 points to pass this station.</b>	<b>12</b>		

COMMENTS:

## **SUPPLEMENTAL OXYGEN ADMINISTRATION**

### **INSTRUCTIONS TO THE CANDIDATE**

This station is designed to test your ability to correctly assemble the equipment needed to administer supplemental oxygen in the prehospital setting. This is an isolated skills test. You will be required to assemble an oxygen tank and a regulator and administer oxygen to a patient using a non-rebreather mask. At this point, you will be instructed to discontinue oxygen administration by the non-rebreather mask and start oxygen administration using a nasal cannula because the patient cannot tolerate the mask. Once you have initiated oxygen administration using a nasal cannula, you will be instructed to discontinue oxygen administration completely. You have five (5) minutes to complete this station. Do you have any questions?

### **NOTES**

**STATION**  
**4B**  
**EMT**

**SUPPLEMENTAL  
OXYGEN  
ADMINISTRATION**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

	Points:	<i>Possible</i>	<i>Awarded</i>	Comments
<b>Takes, or verbalizes, body substance isolation precautions</b>	<b>C</b>			
Assembles the regulator to the tank	1			
Opens the tank	1			
Checks for leaks	1			
Checks and verbalizes tank pressure	1			
Attaches non-rebreather mask to oxygen	1			
<b>Prefills reservoir</b>	<b>C</b>			
<b>Adjusts liter flow to 12 liters per minute or greater</b>	<b>C</b>			
Applies and adjusts the mask to the patient's face	1			
<b>Note: The examiner must advise the candidate that the patient is not tolerating the non-rebreather mask. The examiner must instruct the candidate to remove the non-rebreather mask and apply a nasal cannula to the patient.</b>				
Attaches nasal cannula to oxygen	1			
<b>Adjusts liter flow to 6 liters per minute or less</b>	<b>C</b>			
Applies nasal cannula to the patient	1			
<b>Note: The examiner must advise the candidate to discontinue oxygen therapy.</b>				
Removes nasal cannula from the patient	1			
Shuts off the regulator	1			
Relieves the pressure within the regulator	1			
<b>Candidate assembles the tank and regulator without leaks</b>	<b>C</b>			
<b>Candidate completed the station within the 5 minute time limit</b>	<b>C</b>			
<b>Note: Candidate must complete all critical criteria and receive at least 8 points to pass this station.</b>	<b>11</b>			

**COMMENTS:**

## **BLEEDING CONTROL/SHOCK MANAGEMENT**

### **INSTRUCTIONS TO THE CANDIDATE**

This station is designed to test your ability to control hemorrhage. This is a scenario-based testing station. As you progress through the scenario, you will be given various signs and symptoms appropriate for the patient's condition. You will be required to manage the patient based on these signs and symptoms. A scenario will be read aloud to you and you will be given an opportunity to ask clarifying questions about the scenario, however, you will not receive answers to any questions about the actual steps of the procedures to be performed. You may use any of the supplies available in this room. You have 5 minutes to complete this skill station. Do you have any questions?

### **NOTES**



**BLEEDING CONTROL/  
SHOCK  
MANAGEMENT**

Pass \_\_\_\_\_  
Fail \_\_\_\_\_

*Please Print*

Candidate \_\_\_\_\_  
Examiner \_\_\_\_\_ Initials \_\_\_\_\_  
Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

Points:	Possible	Awarded	Comments
<b>Takes, or verbalizes, body substance isolation precautions</b>	<b>C</b>		
Applies direct pressure to the wound	1		
<b>Note: The examiner must now inform the candidate that the wound continues to bleed.</b>			
Applies a pressure dressing to the wound	1		
<b>Note: The examiner must now inform the candidate that the wound still continues to bleed.</b>			
Applies a tourniquet	1		
Verbalizes how to know when tourniquet has been adequately tightened. (until bleeding has stopped)	1		
<b>Note: The examiner must now inform the candidate that the bleeding is Controlled, but the patient is showing signs and symptoms indicative of hypoperfusion.</b>			
Properly positions the patient	1		
<b>Applies high concentration oxygen</b>	<b>C</b>		
Initiates steps to prevent heat loss from the patient	1		
Indicates the need for immediate transportation	1		
<b>Candidate failed to control hemorrhage appropriately</b>	<b>C</b>		
<b>Candidate applied a tourniquet before attempting other methods of bleeding control.</b>	<b>C</b>		
<b>Candidate did not complete the station within the 5 minute time limit</b>	<b>C</b>		
<b>Note: Candidate must complete all critical criteria and receive at least 6 points to pass this station.</b>	<b>7</b>		

**COMMENTS:**

## **SPINAL IMMOBILIZATION SKILLS SEATED PATIENT**

### **INSTRUCTIONS TO THE CANDIDATE**

This station is designed to test your ability to provide spinal immobilization on a patient using a short spine immobilization device. You and an EMT assistant arrive on the scene of an automobile crash. The scene is safe and there is only one patient. The assistant EMT has completed the initial assessment and no critical condition requiring intervention was found. For the purpose of this station, the patient's vital signs remain stable. You are required to treat the specific, isolated problem of an unstable spine using a short spine immobilization device. You are responsible for the direction and subsequent actions of the EMT assistant. Transferring and immobilizing the patient to the long backboard should be accomplished verbally. You have ten (10) minutes to complete this station. Do you have any questions?

### **NOTES**

**STATION**  
**5 A**  
**EMT**

**SPINAL  
IMMOBILIZATION  
SEATED PATIENT**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

Points:	<i>Possible</i>	<i>Awarded</i>	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Directs assistant to place and maintain head in the neutral in – line position	C		
Assess motor, sensory and circulatory function in each extremity	1		
Applies appropriately sized extrication collar	1		
Positions the immobilization device behind the patient	1		
Secures the device to the patient’s torso	1		
Evaluates torso fixation and adjusts as necessary	1		
Evaluates and pads behind the patient’s head as necessary	1		
Secures the patient’s head to the device	1		
Verbalizes moving the patient to a long board	1		
Reassesses motor, sensory and circulatory function in each extremity	C		
Did not release or order release of manual immobilization before it was maintained mechanically	C		
Patient was not manipulated or moved excessively to cause potential spinal compromise	C		
Did not move device excessively up, down, left, right on the patient’s torso	C		
Head immobilization does not allow for excessive movement	C		
Torso fixation does not inhibit chest rise, resulting in respiratory compromise	C		
Upon completion of immobilization, head is in the neutral position	C		
Immobilized the torso before the head	C		
Candidate completed station within 10 minute time limit	C		
<b>Note: Candidate must complete all critical criteria and receive at least <u>6</u> points to pass this station.</b>	<b>8</b>		

**COMMENTS:**

## **SPINAL IMMOBILIZATION SKILLS SUPINE PATIENT**

### **INSTRUCTIONS TO THE CANDIDATE**

This station is designed to test your ability to provide spinal immobilization on a patient using a long spine immobilization device. You and an EMT assistant arrive on the scene of an automobile crash. The scene is safe and there is only one patient. The assistant EMT has completed the initial assessment and no critical condition requiring intervention was found. For the purpose of this station, the patient's vital signs remain stable. You are required to treat the specific, isolated problem of an unstable spine using a long spine immobilization device. When moving the patient to the device, you should use the help of the assistant EMT and the evaluator. The assistant EMT should control the head and cervical spine of the patient while you and the evaluator move the patient to the immobilization device. You are responsible for the direction and subsequent action of the EMT assistant. You may use any equipment available in this room. You have ten (10) minutes to complete this station. Do you have any questions?

### **NOTES**

**STATION**  
**5 B**  
**EMT**

**SPINAL  
IMMOBILIZATION  
SUPINE PATIENT**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Directs assistant to place and maintain head in the neutral in – line position	C		
Assesses motor, sensory and circulatory function in each extremity	1		
Applies appropriately sized extrication collar	1		
Positions the immobilization device appropriately	1		
Directs movement of the patient onto the device without compromising the integrity of the spine	C		
Applies padding to voids between the torso and the board as necessary	1		
Secures the patient’s torso to the device	1		
Secures the patient’s legs to the device	1		
Secures the patient’s head to the device	1		
Secures the patient’s arms	1		
Reassess motor, sensory and circulatory function in each extremity	C		
Did not release or order release of manual immobilization before it was maintained mechanically	C		
Patient was not manipulated or moved excessively to cause potential spinal compromise	C		
Patient appropriately secured to device in a way not to allow excessive movement to cause potential spinal compromise	C		
Head immobilization does not allow for excessive movement	C		
Upon completion of immobilization, head is in the neutral position	C		
Immobilized the torso before the head	C		
Candidate completed station within 10 minute time limit	C		
<b>Note: Candidate must complete all critical criteria and receive at least <u>6</u> points to pass this station.</b>	<b>8</b>		

**COMMENTS:**

## IMMOBILIZATION SKILLS – LONG BONE

### INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly immobilize a closed, non-angulated long bone injury. You are required to treat only the specific, isolated injury to the extremity. The scene size-up and initial assessment have been completed and during the focused assessment a closed, non-angulated injury of the \_\_\_\_\_ (radius, ulna, tibia, fibula) was detected. Ongoing assessment of the patient's airway, breathing and central circulation is not necessary. You may use any equipment available in this room. You have ten (10) minutes to complete this station. Do you have any questions?

### NOTES



**IMMOBILIZATION  
SKILLS  
LONG BONE INJURY**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Directs application of manual stabilization of the injury	1		
Assesses motor, sensory and circulatory function in the injured extremity	C		
<b>NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"</b>			
Measures splint	1		
Applies splint	1		
Immobilizes the joint above the injury site	C		
Immobilizes the joint below the injury site	C		
Secures the entire injured extremity	1		
Immobilizes the hand/foot in the position of function	1		
Reassess motor, sensory and circulatory function in the injured extremity	C		
<b>NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"</b>			
Candidate did not grossly move the injured extremity	C		
Candidate completed station within 10 minute time limit	C		
<b>Note: Candidate must complete all critical criteria and receive at least 4 points to pass this station.</b>	<b>5</b>		

**COMMENTS:**

## IMMOBILIZATION SKILLS – JOINT INJURY

### INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly immobilize a non-complicated shoulder injury. You are required to treat only the specific, isolated injury to the shoulder. The scene size-up and initial assessment have been completed and during the focused assessment a shoulder injury was detected. Ongoing assessment of the patient's airway, breathing and central circulation is not necessary. You may use any equipment available in this room. You have ten (10) minutes to complete this station. Do you have any questions?

### NOTES

**STATION**  
**6 B**  
**EMT**

**IMMOBILIZATION  
SKILLS  
JOINT INJURY**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C		
Directs application of manual stabilization of the shoulder injury	1		
Assesses motor, sensory and circulatory function in the injured extremity	C		
<b>NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"</b>			
Selects the proper splinting material	1		
Immobilizes the site of the injury	1		
Immobilizes the bone above the injured joint	C		
Immobilizes the bone below the injured joint	C		
Reassess motor, sensory and circulatory function in the injured extremity	C		
<b>NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"</b>			
Joint is supported so that the joint does not bear distal weight	C		
Candidate completed station within 10 minute time limit	C		
<b>Note: Candidate must complete all critical criteria and receive at least <u>2</u> points to pass this station.</b>	<b>3</b>		

**COMMENTS:**

## IMMOBILIZATION SKILLS TRACTION SPLINTING

### INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly immobilize a mid-shaft femur injury with a traction splint. You will have an EMT assistant to help you in the application of the device by applying manual traction when directed to do so. You are required to treat only the specific, isolated injury to the femur. The scene size-up and initial assessment have been completed and during the focused assessment a mid-shaft femur deformity was detected. Ongoing assessment of the patient's airway, breathing and central circulation is not necessary. You may use any equipment available in this room. You have ten (10) minutes to complete this station. Do you have any questions?

### NOTES



**IMMOBILIZATION  
SKILLS  
TRACTION SPLINTING**

Pass _____
Fail _____

*Please Print*

Candidate \_\_\_\_\_

Examiner \_\_\_\_\_ Initials \_\_\_\_\_

Date \_\_\_\_\_ Start Time \_\_\_\_\_ Stop Time \_\_\_\_\_

	Points:		Comments
	Possible	Awarded	
Takes, or verbalizes, body substance isolation precautions	C		
Directs application of manual stabilization of the injury	1		
Assesses motor, sensory and circulatory function in the injured extremity	C		
<b>NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"</b>			
Directs the application of manual traction	1		
Prepares / adjusts splint to the proper length	1		
Applies the splint to the injured leg	1		
Applies the proximal security device (e.g....ischial strap)	1		
Applies the distal securing device (e.g.....ankle hitch)	1		
Applies mechanical traction	1		
Positions / secures the support straps	1		
Re-evaluates the proximal / distal security devices	1		
Candidate reassesses motor, sensory and circulatory function in the injured extremity	C		
<b>NOTE: The examiner verbally states "motor, sensory and circulatory functions are present and normal"</b>			
<b>NOTE: The examiner must ask the candidate how he/she would prepare the patient for transportation</b>			
Verbalizes securing the torso to the long board to immobilize the hip	1		
Verbalizes securing the splint to the long board to prevent movement of the splint	1		
Traction is maintained throughout application of the splint	C		
The foot was not excessively rotated or extended after the splint was applied	C		
Secured the ischial strap before applying mechanical traction	C		
Final immobilization supported the femur and prevented rotation of the injured leg	C		
Applied mechanical traction before securing the leg to the splint	C		
Candidate completed station within 10 minute time limit	C		
<b>Note: Candidate must complete all critical criteria and receive at least 8 points to pass this station.</b>	<b>11</b>		

**NOTE:** If the Sagar splint or the Kendricks Traction Device is used without elevating the patient's leg, application of manual traction is not necessary. The candidate should be awarded one point as if manual traction were applied.

**NOTE:** If the leg is elevated at all, manual traction must be applied before elevating the leg. The ankle hitch may be applied before elevating the leg and used to provide manual traction.

**COMMENTS:**