



FISH ADVISORIES

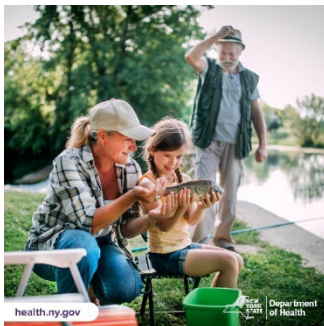
GRAPHIC 1



CAPTION

Before you reel in dinner for the family, be sure to check our updated advice for eating what you catch in New York waters. Some fish contain chemicals at levels that may be harmful, especially for certain populations. Learn more: health.ny.gov/fish

GRAPHIC 2



CAPTION

The Department's advice for eating fish you catch in New York waters now varies by fish species. Our advice is based on an extensive review of fish contaminant data with input from about 7800 anglers. Learn more: health.ny.gov/fish



GRAPHIC 3



CAPTION

Did you know advice on consuming the fish you catch depends on who you are? Chemicals found in some fish may be harmful to certain populations. Check the Department’s 2024 guidance for eating the fish you catch: health.ny.gov/fish

GRAPHIC 4



CAPTION

Did you know? Lake Erie, Lake Ontario, Oneida Lake, and parts of the St. Lawrence River offer the most variety of healthy fish choices making them some of the best fisheries if you want to eat your catch. Learn more about our updated fish advisories: health.ny.gov/fish

GRAPHIC 5

General Population	Statewide Fish Advice	Sensitive Population	General Population	Statewide Fish Advice	Sensitive Population
4 meals a month	"Best Choice Fish" Brook trout, Brown trout less than 20", Rainbow trout Bluegill, Pumpkinseed/Sunfish, White sucker, Yellow perch less than 12"	4 meals a month	1 meal a month	Eat Less Chain pickerel greater than 20", Chain pickerel less than 20", Charrnel catfish, Freshwater drum Largemouth bass greater than 15", Smallmouth bass less than 15", White perch	1 meal a month
	Good Choice Black crappie, Brown trout greater than 20", Bullhead, Chain pickerel less than 20", Carp, Lake trout, Largemouth bass less than 15", Northern pike less than 28", Rock bass, Walleye less than 12", Walleye greater than 12", any fish not listed			1 meal a month Northern pike greater than 28", Smallmouth bass greater than 15", Walleye greater than 12"	

CAPTION

Fish can be a great choice for a healthy diet. However, some fish contain chemicals at levels that may be harmful. Statewide advice for eating fish you catch is no longer 4 meals/month and now changes by fish. Catch the latest advice at health.ny.gov/fish



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