



Emergency Preparedness

FACEBOOK: Do you need help keeping your home warm? Eligible New Yorkers can receive financial assistance on their energy bill.

→ Apply for the Emergency Home Energy Assistance Program (HEAP).

→ Applications are currently being accepted.

Learn more: <https://otda.ny.gov/programs/heap/>

@New York State Office of Temporary and Disability Assistance

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@nysotda

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FACEBOOK: ❄ Before heading outside during extreme cold weather, learn about the signs and symptoms of frostbite: <https://www.youtube.com/watch?v=4iqNsrMzUzI>

TWITTER: ❄ Before heading outside during #ExtremeCold weather, learn about the signs and symptoms of frostbite from @HealthNYGov: <https://www.youtube.com/watch?v=4iqNsrMzUzI>

INSTAGRAM: ❄ Before heading outside during #ExtremeCold weather, learn about the signs and symptoms of frostbite from @nysdoh. Link in bio. <https://www.youtube.com/watch?v=4iqNsrMzUzI>

FACEBOOK: Share with someone using a space heater or fireplace.

→ Carbon monoxide (CO) is an invisible and odorless gas that may leak from space heaters or fireplaces. → CO can lead to poisoning and even death.

→ Test your CO detector once per month.

www.health.ny.gov/environmental/emergency/weather/hurricane/avoiding_carbon_monoxide.htm

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Click on the link in bio to learn about the signs of CO poisoning.

#COtheSilentKiller #HeatingFireSafety

www.health.ny.gov/environmental/emergency/weather/hurricane/avoiding_carbon_monoxide.htm



Public Health Toolkit Social Media



FACEBOOK: Does your electric space heater have enough space? Prevent a house fire.

- 🔥 Keep space heaters 3 feet away from flammable objects
- 🔥 Plug it directly into a wall outlet
- 🔥 Make sure it has an automatic shutdown feature in case it tips over.

www.health.ny.gov/environmental/indoors/heaters/safety_guide.htm

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Link in bio to learn more.

#HeatingFireSafety #SpaceHeatersNeedspace #3FeetAway

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FACEBOOK: 🇺🇸 Fact about home fires: half of all home fires occur in December, January, and February. Get the tips and tools you need to prevent a fire. @NYSDOH- New York State Department of Health

https://www.health.ny.gov/prevention/injury_prevention/home_fires.htm

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