



## **COVID + Flu**

**FACEBOOK/TWITTER/INSTAGRAM:** Experts agree: the single best way to protect against the flu is to get a flu shot. Protect yourself and those around you this flu season. Book an appointment today. [www.vaccines.gov](http://www.vaccines.gov)

**FACEBOOK/TWITTER/INSTAGRAM:** When is the best time to get your flu vaccine? \*Now\* Get yours today. Find a convenient location at: [www.vaccines.gov](http://www.vaccines.gov)

**FACEBOOK/TWITTER/INSTAGRAM:** Many people don't know that it can take up to 2 weeks for the flu vaccine to be effective. Get yours sooner rather than later. [www.vaccines.gov](http://www.vaccines.gov)

**FACEBOOK/TWITTER/INSTAGRAM:** Getting a flu shot offers protection for older adults and their caregivers. If you're caregiving, consider getting a flu shot. Talk to your health care provider. [www.health.ny.gov/flu](http://www.health.ny.gov/flu)

**FACEBOOK/TWITTER/INSTAGRAM:** We all can help keep the people around us healthy and safe this flu season. How? Everyone 6 months and older should get a flu shot. Talk to your health care provider if you have questions. [www.health.ny.gov/flu](http://www.health.ny.gov/flu)