WINTER EMERGENCY PREPAREDNESS

POST: Planning for a disaster is difficult—but it is even more difficult for families who have children with special needs. Here are some resources to help families prepare. 
https://www.health.ny.gov/environmental/emergency/families_individuals_caregivers/individuals_with_special_needs.htm
TWEET: Planning for a disaster is difficult—but it is even more difficult for families who have children with special needs. Here are some resources to help families prepare. @HealthNYGov #PreparedNY #PrepareNow https://www.health.ny.gov/environmental/emergency/families_individuals_caregivers/individuals_with_special_needs.htm

POST: Winter weather can increase the chance of a car accident, frostbite, and more. Prepare the whole family with these tips. https://www.ready.gov/winter-weather
TWEET: #WinterWeather can increase the chance of a car accident, frostbite, and more. Prepare the whole family with these tips. @HealthNYGov #PreparedNY #PrepareNow https://www.ready.gov/winter-weather

POST: Prepare for snowstorms and extreme cold with these tips. 
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POST: No matter your age, you should know how to dress for the cold. Know how to avoid frostbite and hypothermia. 
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POST: Winter weather can cause power outages, car crashes, and hypothermia. Are you prepared? 
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