FALL INFLUENZA

POST: The single best way to protect against the flu is to get a flu shot.  
TWEET: The single best way to protect against the #flu is to get a #FluShot. @HealthNYGov  

POST: The best time to get your flu vaccine is now. Get yours today!  
TWEET: .@HealthNYGov recommends the best time to get your #flu #vaccine is now. Get yours today! 

POST: It can take up to 2 weeks for the flu vaccine to be effective. Don’t delay, get yours today!  
TWEET: It can take up to 2 weeks for the #flu #vaccine to be effective. Don’t delay, get yours today!  
#FlueFacts @HealthNYGov https://www.health.ny.gov/diseases/communicable/influenza/seasonal/

POST: Immune systems are more easily compromised as we age. Older adults, especially those with chronic health conditions, have an increased risk of developing serious complications from the flu. Getting a flu shot offers protection for older adults and their caregivers.  
TWEET: Older adults with chronic health conditions have an increased risk of developing serious complications from the flu. Getting a #flu shot can help keep them safe and healthy this flu season.  
@HealthNYGov https://www.health.ny.gov/diseases/communicable/influenza/seasonal/

POST: Help keep the people around you healthy and safe this flu season. Everyone 6 months and older should get a flu shot.  
TWEET: Help keep the people around you healthy and safe this #flu season. Everyone 6 months and older should get a flu shot. @HealthNYGov https://www.health.ny.gov/diseases/communicable/influenza/seasonal/