FALL DENTAL HYGIENE

POST: Be kind to your teeth so there are no hard ‘fillings.’ https://www.health.ny.gov/prevention/dental/  
TWEET: Be kind to your teeth so there are no hard ‘fillings.’ #health  
https://www.health.ny.gov/prevention/dental/

POST: It’s important for your children to develop good oral health habits at an early age to prevent issues when they are older. https://www.health.ny.gov/prevention/dental/  
TWEET: Help your kids practice good oral health habits at an early age. #health @HealthNYGov 
https://www.health.ny.gov/prevention/dental/

POST: Toss toothbrushes after you've had a cold, the flu, a mouth infection, or a sore throat. Germs can hide in toothbrush bristles and lead to reinfection. #health https://www.health.ny.gov/prevention/dental/  
TWEET: Toss toothbrushes after you’ve been sick to prevent reinfection from germs hiding in the bristles. @HealthNYGov https://www.health.ny.gov/prevention/dental/

POST: [insert percent] of adults in [insert county] had a visit to the dentist in the past year. Oral health is integral to overall health. Schedule a cleaning.  
TWEET: [insert percent] of adults in [insert county] had a visit to the #dentist in the past year protecting their oral and overall #health. Schedule a cleaning.  

POST: Oral diseases like cavities are a major health concern that affect almost every person in New York State. When you take care of your teeth you are taking care of the rest of your body.  
https://www.health.ny.gov/prevention/dental/  