



**Department  
of Health**

# **NYS Medicaid Doula Services Benefit September 22, 2023 Town Hall**

**Office of Health Insurance Programs (NYS Medicaid)  
Bureau of Maternal and Child Health Policy**

September 2023

# Town Hall

Please note that by participating in today's online event, you acknowledge and consent that your personal information (such as name, image) may be visible to others in the live online meeting as well as captured in the recording, which will be posted on our website.

The feedback in the context of this meeting will not be considered formal public comment on the proposed State Plan Amendment.

# Goals and Roadmap for Today

**10:00-10:10 AM:** Introduction

**10:10-11:00 AM:**

- Proposed Visit Structures and Billing Examples
- Discussion

**11:00-11:45 AM:**

- Work Experience Pathways and Competencies
- Discussion

**11:45-11:55 AM**

- Updates

**11:55 AM-12:00 PM:** Closing

September 2023

# Guidelines for Sharing

- All are invited to speak at designated times
- Please use the "Raise your hand" function to note the desire to speak
- Individuals will be unmuted in order of request, unless they have already spoken, in which case individuals who have not yet spoken will be given priority
- Please keep comments to three minutes or less

# Proposed Reimbursement Structure Options – New

Service	Visit Allowance	Per Visit Reimbursement	Percent of Total Reimbursement	Amount of Total Reimbursement
<b>Perinatal Service:</b> Prenatal or postpartum doula support	8 visits	NYC: \$93.75 ROS: \$84.37	50%	NYC: Up to \$750 ROS: Up to \$675
<b>Labor and Delivery:</b> In-person doula support during labor and birth	1 encounter	NYC: \$750 ROS: \$675	50%	NYC: \$750 ROS: \$675

# Examples of Reaching Maximum Reimbursement



# Examples of Partial Reimbursement

**Client D**

**Prenatal**  
(Visits at least 30 mins)

1 visit  
1 visit

**Labor & Delivery**

1 L&D

**Postpartum**  
(Visits at least 30 mins)

1 visit  
1 visit

**Total Reimbursement:** NYC: \$1125  
ROS: \$1012.50

**Client E**

1 visit 1 visit  
1 visit 1 visit

**Not Provided**

1 visit 1 visit  
1 visit 1 visit

NYC: \$750  
ROS: \$675

**Client F**

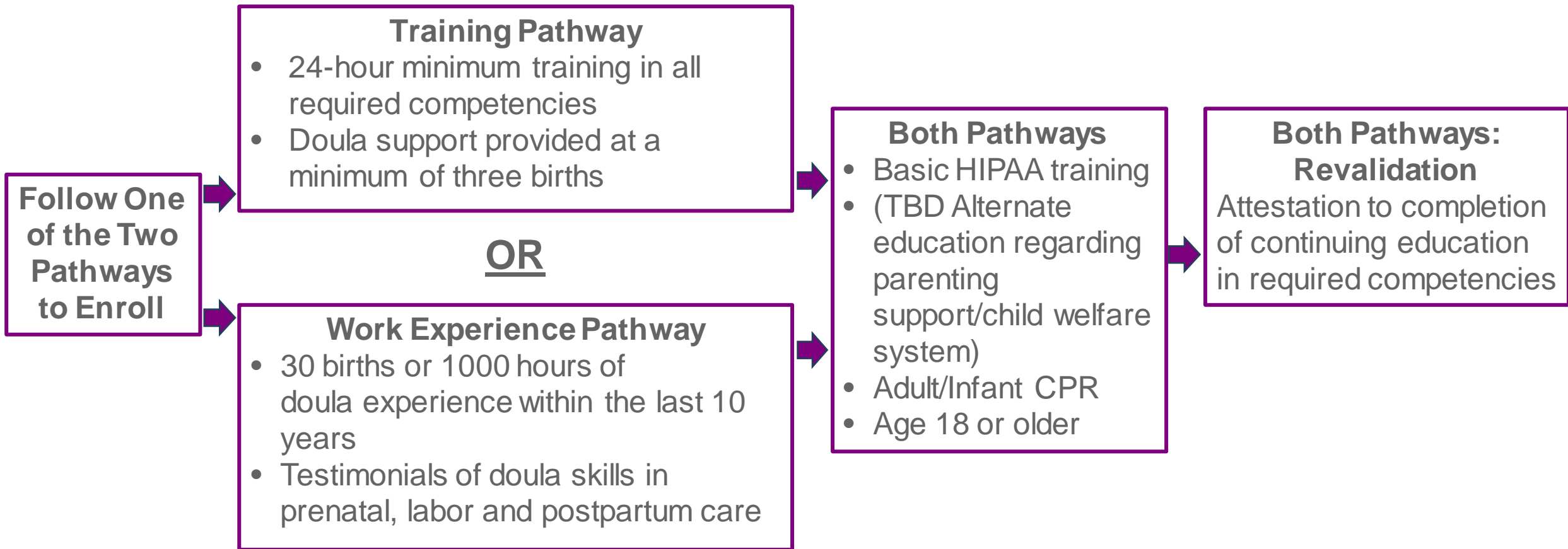
1 visit  
1 visit

**Not Provided**

1 visit 1 visit 1 visit  
1 visit 1 visit 1 visit

NYC: \$750  
ROS: \$675

# Proposed Training and Work Experience Pathways





# **Proposed NYS Medicaid Doula Competencies for Training Pathway to Meeting Criteria for Enrollment**

## **Core Competencies (20 Hours of Training):**

- Foundations on anatomy of pregnancy and childbirth
- Labor support techniques and nonmedical comfort measures
- Common medical interventions: risks, benefits, and decision-making
- Prenatal and postpartum education and support
- Lactation support, education and infant feeding
- Scope of practice

## **Broader Competencies (Four Hours of Training):**

- Cultural awareness/humility and cross-cultural communication
- Health equity in medical field, especially reproductive health
- Person-centered and trauma-informed care
- Community-based knowledge and facilitating connection to resources

# Which Pathway is Right for Me?

<b>Training Pathway:</b> 24 hour-training in required competencies + 3 births	<b>Experience Pathway:</b> 30 births/1000 hours of doula support in the last 10 years
<p><b>Doula A:</b> completed a training that meets all required competencies, 10 births</p> <p><b>Doula C:</b> completed a training that meets all required competencies, 0 births            → <b>can enroll after supporting three births</b></p>	<p><b>Doula B:</b> completed a training that does not meet all required competencies, 40 births in the last 10 years</p> <p><b>Doula D:</b> completed a training that only meets the Core Competencies, 100 births over career but 20 births/800 hours in the last 10 years            → <b>can enroll after taking additional training that meets Broader Competencies</b></p>
<b>Either Pathway</b>	
<p><b>Doula E:</b> completed a training that meets all required competencies, 35 births in the last 10 years</p> <p><b>Doula F:</b> completed a training that meets all required competencies, 1200 hours of postpartum support in the last 10 years</p>	

# Updates

- **Federal Public Notice**
  - Public comment period TBD
  - Will follow-up when we have more information on the public comment period
- **Standing Recommendation**
  - Being progressed
  - Will combine NYCDA letter to state request

# Closing Remarks and Next Steps

- You may continue to share input after today's event via email to [doulapilot@health.ny.gov](mailto:doulapilot@health.ny.gov).
- For more information, visit [New York State Medicaid Doula Services Benefit \(ny.gov\)](https://www.ny.gov/new-york-state-medicaid-doula-services-benefit).

**Thank you for your feedback.**

# Next Meeting

**Date & Time:** Monday, October 16 from 2:00 PM-4:00 PM

**Registration Link:** Will be sent via the list serve

**To be added to the list serve:** [doulapilot@health.ny.gov](mailto:doulapilot@health.ny.gov)

**Next Meeting Agenda:** TBD; seeking input for future topics

# End Presentation

September 2023