

CROUSE COMMUNITY CENTER SHERBURNE ADULT DAY HEALTH CARE

FOOD AND NUTRITION SERVICES

Reference: Section 425.11

Forms: Nutrition Assessment

Policy:

Crouse Community Center will provide food and nutrition services to the registrants of the Adult Day Health Care program under the direction of a Registered Dietician. Nutritional services will consist a nutritional assessment, and development of a nutrition service plan of care. The plan will be person centered and include provisions for the medically ordered modified diets; meals that are of quality and quantity and that conform to the applicable standards. Meals will be offered in a congregate setting or private area if requested. Appropriate documentation must be maintained in the registrant's health record.

Procedure:

1. Dietician or designee will complete the initial assessment. Assessment will be completed prior to the initial interdisciplinary care plan meeting and re-assessed yearly thereafter. Problems identified on the dietary assessment will be care planned in the Person-Centered Plan (PCP)
2. Registrants will receive diets ordered by the physician. Diets order by speech therapists from outside agencies such as OPWDD will be followed to the best of the center's ability. Diets currently available through our dietary departments are as follows;
 - a. Regular
 - b. Mechanical Soft Ground
 - c. Pureed
 - d. Soft
 - e. NCS/Consistent Carbohydrate
 - f. NAS
 - g. Calorie Controlled
 - h. Nectar, honey and pudding consistency fluids
3. The ADHC will provide meals and nutritional supplements, including modified diets when medically prescribed, to registrants who are on the premises at scheduled meal times and, where appropriate, to registrants in their homes in accordance with the identified needs included in the registrants person-centered care plans.
4. The ADHC will ensure that the quality and quantity of food is in conformance with regulations set forth by subchapter 415.14.
5. Nutritional counseling will be provided to registrants and caregivers when needed or requested.

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6. The ADHC will ensure that nutrition services are under the direction of a qualified dietitian. Designee will complete quarterly progress notes/assessments and update the plan of care at least every 6 months. Dietician will complete high risk assessments and co-sign assessments completed by designee at least every 6 months. High risk assessments include tube feeders and significant weight losses of 5% in 1 month or 10% in 6 months.
7. Food will be transported from the corresponding kitchen (Crouse Community Center or Community Memorial Hospital) in insulated food carriers to ensure food temperatures remain within regulation.
8. The ADHC will serve breakfast and noon meals. Food will be available at all times throughout the day when requested by a registrant.
9. Registrants will be offered a main meal or an alternative meal. In the event that neither options appeal to the registrant a sandwich will be available in its place. Choices are listed on the weekly menus.
10. Dietary will provide bulk snacks as ordered by the ADHC and offered on an as needed basis to registrants or given when requested and follow prescribed diet.
11. Allergies for registrants will be communicated to dietary upon admission. All food allergies will be listed on weekly menus and items that potentially contain an indicated allergen will be highlighted for each meal.