# **Mold & Moisture Prevention**

The key to preventing mold is moisture control.

### **Perform Visual Assessments**

- Conduct routine building walk-throughs to look for issues that can lead to mold problems
- Look for water damage or stains, wetness, dampness, or visible mold
- Pay attention to leaks, drainage, and condensation where water could enter the building

### **Perform Preventive Maintenance**

- Fix leaks and sources of moisture as soon as possible
- Clean and dry wet or damp spots within 24 48 hours
- Use fans and a wet-dry vacuum to facilitate drying
- Use cross ventilation to dry out the building
- Clean carpets regularly and monitor them for mold growth
- Discard damaged materials that cannot be cleaned such as carpeting, upholstery, drywall, tiles, or insulation
- Clean hard surfaces with soap and rinse with clean water
- Maintain ideal indoor humidity of 30% 60% with the use of air conditioning or portable dehumidifiers
- Cycle air conditioning when the building is vacant to mitigate high humidity year-round

### **Health Effects of Mold**

- Sneezing, eye irritation, congestion, runny nose, cough, and dermatitis
- People with mold allergies or other underlying health conditions may have more severe symptoms





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# **Mold & Moisture Remediation**

Take steps to identify mold and use the appropriate cleaning methods to address mold and moisture problems.

### **Recognize Mold**

- Mold can be identified through visual inspection
- Molds have various colors depending on their life cycle and species and often appear fuzzy or slimy
- Mold growth usually produces a distinct musty, earthy odor
- Air sampling is <u>not</u> necessary to detect mold in buildings

## **Prepare for Remediation**

- Correct the water and moisture problems causing mold growth to prevent regrowth
- Ensure the affected area is dry before proceeding with remediation. Visit www.epa.gov/ mold/mold-remediation-schools-and-commercial-buildings-guide-chapter-4
- Isolate the moldy area by creating a containment area to avoid releasing mold outside the work area
- Use exhaust fans to remove mold and dust from the contained area to the outdoors
- Stage debris inside the work area and avoid tracking through other areas
- Avoid unnecessary exposure by wearing personal protective equipment. Use an N95 respirator, disposable coveralls, gloves, and goggles

# **Clean the Moldy Area**

- Use a dry-wet vacuum or HEPA vacuum
- Carefully remove damaged materials
- Clean hard surfaces with soap and rinse with clean water
- Ensure affected areas are completely clean and dry before rebuilding or repairing damage

# Health Effects of Mold

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