

Example of Caregiver Actions to meet resident needs using EDGE Caregiver Goals on the Biological level:

Biological Level of BASICS Need	
What unmet physiological needs does the patient have which are essential for survival? (Food, shelter, warmth, movement, stimulation, sleep, immunity, healing etc.) What do we have to provide to meet these needs?	
Examples of Action to Meet Biological Needs	<ol style="list-style-type: none"> 1. Deliver tray and help prepare meal. 2. Provide drinks throughout each shift and remind or encourage resident to drink them. 3. Escort for walks to ensure adequate exercise.

While meeting Biological Needs focus on EDGE Caregiver Goals to Provide Quality Care

EDGE Caregiver Goal Questions	Examples Of Caregiver Action To Provide Quality Care
<i>How can we:</i>	<i>When assisting to feed resident:</i>
1. <i>help the resident feel safe?</i>	1. Greet resident in warm manner and establish rapport before beginning to assist with eating.
2. <i>help the resident feel physically comfortable?</i>	2. Toilet and assist resident with dentures, hearing aid, or other adaptive devices. Check sitting position for proper alignment and comfort.
3. <i>help the resident experience a sense of control?</i>	3. Give resident choices and ask resident's opinion and follow preferences throughout feeding process.
4. <i>help the resident feel valued as a person?</i>	4. Find something you like about the resident, comment about it and treat resident as you would a guest during the meal.
5. <i>help the resident experience optimal stimulation?</i>	5. Assist resident to do as much as (s) he is capable of in feeding process.
6. <i>help the resident experience pleasure?</i>	6. Compliment the resident on abilities and choices. Try to make the meal an enjoyable experience for both of you.

Document "Quality Moments" under Biological level of BASICS: (Those times when you witnessed that "spark of life" in the resident)
For example: <i>Mary enjoyed eating the breakfast she helped to prepare at Breakfast Club today. She ate 4oz. scrambled eggs, 2 slices bacon, 2 slices of toast, and 4oz. orange juice and 8oz. coffee with milk - much more than she usually eats for breakfast. She said, "It tastes better when you cook and eat with friends." Mary has agreed to go to Breakfast Club 2x week.</i>
Meeting the care plan goal that Mary will eat more than 50% of her breakfast 2x week x 1 month.
What other level of BASICS Needs were met for Mary through Breakfast Club?

EDGE Interventions to Meet Biological Needs:	Breakfast Club A Gentle Bathing Program Disruptive Behavior
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