The New York State Department of Health (NYSDOH) collects, compiles, and analyzes information on influenza activity year round in New York State (NYS) and produces this weekly report during the influenza season (October through the following May).¹

During the week ending April 20, 2019

- Influenza activity level was categorized as geographically widespread². This is the 19th consecutive week that widespread activity has been reported.
- There were 1,991 laboratory-confirmed influenza reports, a 40% decrease over last week.
- Of the 2,420 specimens submitted by WHO/NREVSS clinical laboratories, 336 (13.88%) were positive for influenza. 319 were influenza A and 17 were influenza B.
- Of the 197 specimens tested at Wadsworth Center, 139 were positive for influenza. 54 were influenza A (H1), 84 were influenza A (H3), and 1 was influenza A (Not Subtyped).
- Reports of percent of patient visits for influenza-like illness (ILI)³ from ILINet providers was 1.76%, below the regional baseline of 3.10%.
- The number of patients hospitalized with laboratory-confirmed influenza was 363, a 38% decrease over last week.
- There were no influenza-associated pediatric deaths reported this week. There have been six influenza-associated pediatric deaths reported this season.

Laboratory Reports of Influenza (including NYC)

All clinical laboratories that perform testing on residents of NYS report all positive influenza test results to NYSDOH.

- 60 counties reported cases this week.
- Incidence ranged from 0-52.82 cases/100,000 population.

¹ Information about influenza monitoring in New York City (NYC) is available from the NYC Department of Health and Mental Hygiene website at: http://www.nyc.gov/html/doh/.

² National influenza surveillance data is available on CDC’s FluView website at http://www.cdc.gov/flu/weekly/.

³ ILI = influenza-like illness, defined as temperature 100° F with cough and/or sore throat in the absence of a known cause other than influenza.
Laboratory Reports of Influenza (Including NYC)

Test results may identify influenza Type A, influenza Type B, or influenza without specifying Type A or B. Some tests only give a positive or negative result and cannot identify influenza type (not specified).

Clinical laboratories that are WHO and/or NREVSS collaborating laboratories for virologic surveillance report weekly the number of respiratory specimens tested and the number positive for influenza types A and B to CDC. Because denominator data is provided, the weekly percentage of specimens testing positive for influenza is calculated.

Public health laboratories that are WHO and/or NREVSS collaborating laboratories also report the influenza A subtype (H1 or H3) and influenza B lineage (Victoria or Yamagata).

**Influenza Virus Types and Subtypes Identified at Wadsworth Center (excluding NYC)**

Wadsworth Center, the NYSDOH public health laboratory, tests specimens from sources including, outpatient healthcare providers (ILINet) and hospitals (FluSurv-NET). There are 2 common subtypes of influenza A viruses – H1 and H3. Wadsworth also identifies the lineage of influenza B specimens – Yamagata or Victoria. Rarely, an influenza virus is unable to have its subtype or lineage identified by the laboratory. Wadsworth sends a subset of positive influenza specimens to the CDC for further virus testing and characterization.
Influenza Antiviral Resistance Testing

The Wadsworth Center Virology Laboratory performs surveillance testing for antiviral drug resistance.4

NYS Antiviral Resistance Testing Results on Samples Collected Season-to-date, 2018-19

<table>
<thead>
<tr>
<th></th>
<th>Samples tested</th>
<th>Oseltamivir Resistant Viruses, Number (%)</th>
<th>Zanamivir Resistant Viruses, Number (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza A (H1N1pdm09)</td>
<td>287</td>
<td>4 (1%)</td>
<td>0 (0%)</td>
</tr>
<tr>
<td>Influenza A (H3N2)</td>
<td>47</td>
<td>0 (0%)</td>
<td>0 (0%)</td>
</tr>
<tr>
<td>Influenza B</td>
<td>0</td>
<td>0 (0%)</td>
<td>0 (0%)</td>
</tr>
</tbody>
</table>

i. All samples tested by pyrosequencing for the H275Y variant in the neuraminidase gene which confers resistance to oseltamivir, and a subset tested by NA dideoxy sequencing for other variations known to cause, or suspected of causing, resistance to neuraminidase inhibitor drugs including zanamivir and oseltamivir.

ii. All samples tested for oseltamivir resistance by pyrosequencing for E119V, R292K, and N294S in the neuraminidase gene (NA), and a subset tested by NA dideoxy sequencing for other variations known to cause, or suspected of causing, resistance to neuraminidase inhibitor drugs including zanamivir and oseltamivir.

iii. Samples tested by whole gene dideoxysequencing of the neuraminidase gene. Sequence data reviewed for variations known to cause, or suspected of causing, resistance to neuraminidase inhibitor drugs including zanamivir and oseltamivir.

Outpatient Influenza-like Illness Surveillance Network (ILINet) (excluding NYC)

The NYSDOH works with ILINet healthcare providers who report the total number of patients seen and the total number of those with complaints of influenza-like illness (ILI) every week in an outpatient setting.

The CDC uses trends from past years to determine a regional baseline rate of doctors’ office visits for ILI. For NYS, the regional baseline is currently 3.10%. Numbers above this regional baseline suggest high levels of illness consistent with influenza in the state.

Note that surrounding holiday weeks, it is not uncommon to notice a fluctuation in the ILI rate. This is a result of the different pattern of patient visits for non-urgent needs.

Emergency Department Visits for ILI-Syndromic Surveillance (excluding NYC)

Hospitals around NYS report the number of patients seen in their emergency departments with complaints of ILI. This is called syndromic surveillance.

An increase in visits to hospital emergency departments for ILI can be one sign that influenza has arrived in that part of NYS.

Syndromic surveillance does not reveal the actual cause of illness, but is thought to correlate with emergency department visits for influenza.

4 Additional information regarding national antiviral resistance testing, as well as recommendations for antiviral treatment and chemoprophylaxis of influenza virus infection, can be found at [http://www.cdc.gov/flu/weekly/](http://www.cdc.gov/flu/weekly/).
Patients Hospitalized with Laboratory-Confirmed Influenza (including NYC)

Hospitals in NYS and NYC report the number of hospitalized patients with laboratory-confirmed Influenza to NYSDOH. 171 (94%) of 182 hospitals reported this week.

Influenza Hospitalization Surveillance Network (FluSurv-NET)

As part of the CDC's FluSurv-NET, the NYS Emerging Infections Program (EIP) conducts enhanced surveillance for hospitalized cases of laboratory-confirmed influenza among residents of 15 counties. Underlying health conditions are assessed through medical chart reviews for cases identified during the season.

Selected underlying medical conditions in patients hospitalized with influenza, NYS Emerging Infections Program, October 1, 2018 - April 20, 2019

- Asthma
- Cardiovascular disease
- Chronic lung disease
- Immune suppression
- Metabolic disorder
- Neurologic disease
- Obesity
- Pregnancy
- Renal disease
- No known condition

% 0 20 40 60 80 100

Pediatric (0-17 yrs) (n=72)
Adult (18+ yrs) (n=459)
Females (15-44 yrs) (n=35)

5 Counties include, in the Capital District: Albany, Columbia, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, and Schoharie; in the Western Region: Genesee, Livingston, Monroe, Ontario, Orleans, Wayne, and Yates.

6 Data are based on medical record reviews for 531 of 2407 hospitalized cases currently under investigation and should be considered preliminary.
Pediatric influenza-associated deaths reported (including NYC)

Local health departments report pediatric influenza-associated deaths to NYSDOH.

Flu-associated deaths in children younger than 18 years old are nationally notifiable. Influenza-associated deaths in persons 18 years and older are not notifiable.

All pediatric flu-associated deaths included in this report are laboratory-confirmed.

7For more information on reporting of healthcare-associated influenza, visit http://www.health.ny.gov/diseases/communicable/control/respiratory_disease_checklist.htm