

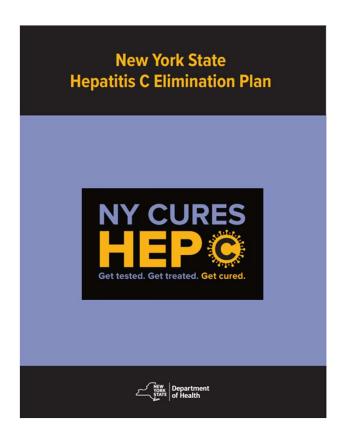
Opioid treatment programs, an opportunity to increase access to hepatitis C services

Innovative and Promising Practices for Hepatitis C Elimination

May 15, 2024

of Health

New York State Hepatitis C Elimination Plan



- People who use drugs are a priority population and substance use disorder treatment programs are priority settings for successful implementation of the plan.
- Elimination recommendations related to Opioid treatment programs include:
 - Design screening, linkage to care and treatment delivery models to better engage complex patient populations (TLC8)
 - Expand patient navigation and outreach programs (TLC10)
 - Increase clinical education resources and supports for providers on hepatitis C diagnosis and management in settings of high prevalence.
 - Encourage involvement of non physician health care providers throughout the care cascade (CTA3)
 - Increases resources for vulnerable population and address patient barriers to treatment (CTA2, CTA5)

 Department

Opioid treatment programs, an opportunity to increase access to hepatitis C services

Innovative and Promising Practices

- Hepatitis C Elimination Campaign in a Hospital-Based Opioid Treatment Program

 Julia Hunter, MD, MPH, FASAM and Jennifer Hatton, United Health Services
- Universal Access to Hepatitis C Treatment in an Opioid Treatment Program
 Sara Lorenz Taki, MD and Ashley Magnussen, CRPA, CASAC-T, Greenwich House
- Building Capacities in Opioid Treatment Programs for Hepatitis C Treatment Services and Care Management Supports
 - Ana Ventuneac, PhD and Anthony Mcleod, START Treatment and Recovery Centers



Hepatitis C Elimination Campaign in a Hospital-Based Opioid Treatment Program

Julia Hunter, MD, MPH, FASAM Medical Director of Addiction Medicine

Jennifer Hatton, BSN, RN, CARN, CN IV Outpatient Behavioral Health Nursing Coordinator

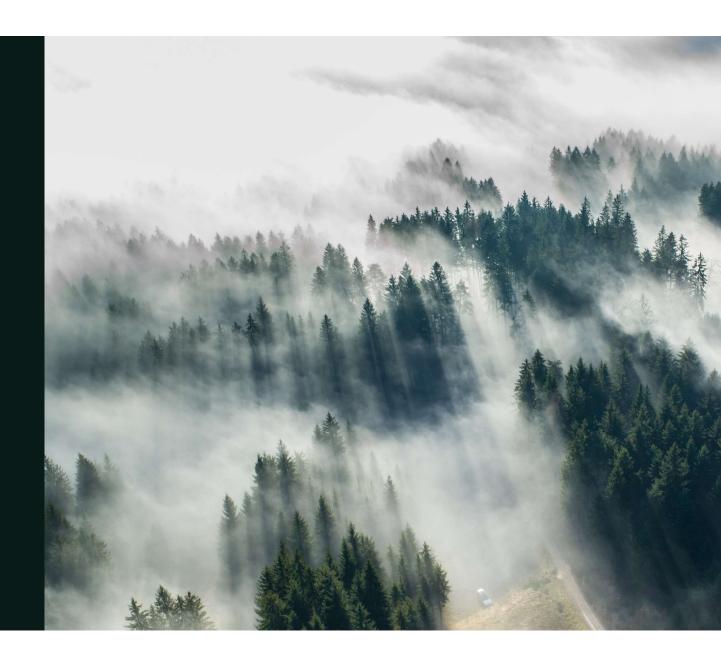
United Health Services Hospitals, Inc.



We aim to eradicate hepatitis C from our methadone clinic.

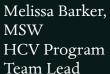


WE CREATED OUR
TREATMENT
INFRASTRUCTURE
AROUND THIS G<u>OAL</u>.



Our Hepatitis C Treatment Team





- Supervises program operations
- Ensures compliance with hepatitis C grant deliverables, including reporting
- Manages hepatitis C program staff



Sarah Buono HCV Program Community Health Outreach Specialist

- Teaches community members about hepatitis C at tabling events and health fairs
- Runs hepatitis C educational groups in substance use disorder treatment programs



Allison Coughlin, PharmD, Trellis Rx Clinical Pharmacist

- Completes prior authorizations
- Monitors medication adherence
- Ensures timely refills



Patrick Davis HCV Program Peer Support Specialist

- Provides support throughout treatment
- Conducts outreach to patients not yet in treatment
- Educates patients about hepatitis C and its treatment



Jennifer Hatton, BSN, RN, CARN, CN IV Outpatient Behavioral Health Nursing Coordinator

- Created and manages a system to track program data
- Runs the weekly team meetings for the OTP's hepatitis C program



Julia Hunter, MD, MPH, FASAM Medical Director of Addiction Medicine

- Developed and oversees the OTP's hepatitis C program
- Gives weekly updates to clinic staff about patients in our treatment pipeline
- Treats hepatitis C



- Manages program enrollment
- Reminds patients about upcoming appointments and labs
- Provides support throughout treatment

Programmatic Backbone: Data Tracking. We use data to:



Define Patient Status: no viral load, detectable viral load, viral load unknown

Hepatitis C Ab result & date
Hepatitis C RNA result & date
No data



Determine if Patients are in Treatment

Treatment labs ordered: yes & date/no
Treatment labs completed: yes & date/no
Initial treatment appointment completed:
yes & date/no

DAA ordered: yes & date & medication/no



Monitor Treatment Progress

DAA dispensed: yes & date/no Follow-up appointment completed: yes & date/no

More follow-up appointments needed: yes/no

Date DAA refill is due

DAA refill dispensed: yes & date/no
Date labs are due (in-treatment, end-of-treatment,
SVR)

Programmatic Backbone: Weekly Team Meetings



We Run Our Treatment List Every Meeting Clinic appointments: upcoming appointments, missed appointments, appointments that need to be (re)scheduled

Outside appointments: referral, ultrasound, transient elastography

Outreach: which patients need outreach, which staff member should do the outreach

Labs: who needs labs ordered, who needs labs drawn and when

Refills: who needs refills and when

Medication issues: start/end dates, adherence, side effects



We Periodically Discuss
Program Structure and Data

Programmatic issues: what issues are challenging our workflow? Past hurdles include getting grant consents signed, patients not calling to get their DAA refills, and patients not attending intake appointments with the grant team.

Program data: how can we use our data to adapt our program to meet our goal of eliminating hepatitis C from our clinic?

Sample Patient Workflow

Providers notify patients of their hepatitis C status.

Patient meets with the grant team and then with the provider. Provider educates the patient about hepatitis C and the treatment process, reviews labs, and orders hepatitis A/B vaccines and DAA.

Providers check for sideeffects, new medications, and medication adherence.

HCV RNA is ordered.

Offered Treatment

Medication Initiation

Tracking Post-Appointment

Tested for HCV on Admission

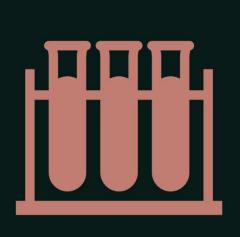
Treatment Appointment

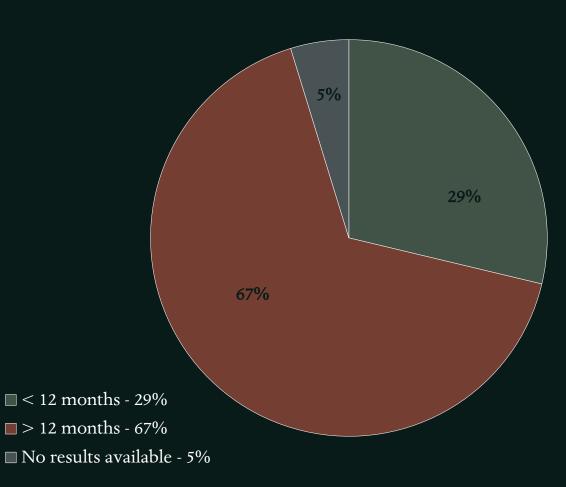
Follow-Up Appointment Annual Clinic Physical

Patients are offered treatment on-site, during dosing hours, or off-site through referral. Labs are ordered and a treatment appointment is scheduled. Patients take their medication at home, not at the dosing window.

Hepatitis A/B vaccines are completed, refills are monitored, in- and post-treatment labs are followed. Gift cards from grant team are given during or after treatment. Provider notifies patients of their cure!

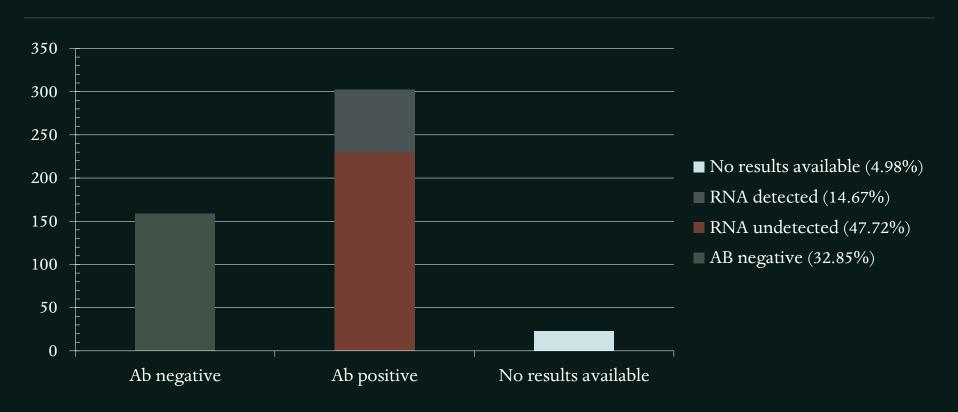
Outcomes: Hepatitis C Testing Completed





Outcomes: Hepatitis C Prevalence

- Hepatitis C Ab+ Total: 62.39%
- Hepatitis C Ab+ with Detected RNA: 23.51%



Outcomes: Treatment Pipeline, Patients with Viral Load

Status	Number of Patients
Need repeat viral load (last HCV RNA> 12 months ago and/or last HCV RNA < 10)	27
Treatment pending (waiting for completion of labs and/or treatment appointment)	12
Treatment in progress (taking medication)	3
Treatment stopped/on hold	2
Referred to outside treatment provider	10
Treatment completed, SVR pending	10
HCV RNA < 12 months ago, treatment indicated but not started	13
Declined treatment	1
Patient unavailable	1
Patients not yet engaged in treatment	11
Total	77

Outcomes: Cures

Hepatitis C Treat	ment Completed	SVR Co	nfirmed
Year	Patients Completing Treatment	Year	Patients with Confirmed SVR
2019	13	2019	4
2020	12	2020	11
2021	13	2021	12
2022	16	2022	14
2023	28	2023	22
2024	5	2024	5
Total	87	Total	68

Next Steps

Education

• Tabling in the clinic, hepatitis C education group for clinic patients

Treatment

Focus on engaging patients who have not yet started treatment

Vaccination

• Tracking and improving hepatitis A/B vaccination rates

Labs

• Cafeteria gift cards to incentivize off-site phlebotomy, launch on-site phlebotomy

Celebration

• Cure party













Thank You!

New York State Department of Health: Grant Funding

Anthony Martinez, MD, AAHIVS, FAASLD: Mentoring

UMass Project ECHO®: Education







CENTER FOR HEALING

Universal Hepatitis C Treatment in an Opioid Treatment Program

Sara Lorenz Taki, MD Ashley Magnussen, CRPA

NYS Hepatitis C Elimination Annual Progress Report Conference May 15th, 2024

Objectives

- Describe integrated HCV treatment in an opioid treatment program
- Outline steps for implementing universal HCV treatment
- Describe impact of certified recovery peer advocates on engagement and capacity to treat HCV







- Develop capacity to evaluate and treat all new patients with HCV within **2 weeks** of admission
- Co-dispense HCV medication with methadone/buprenorphine
- Develop HAV/HBV vaccination program
- Educate all patients on HCV prevention, transmission, treatment, reinfection, and harm reduction
- Address social determinants of health
- Eliminate HCV in our OTP

Treatment Protocol



Admission/Annual physical labs include HCV ab with reflex to viral load and pretreatement labs. Labs are decoupled from medical visit.

Patient returns for pre-treatment evaluation and education. Consent and prescription sent to specialty pharmacy.

HCV medication delivered to clinic.

Pt receives HCV medication co-dispensed with methadone/buprenorphine.

Patient returns for follow up and 12-week SVR labs. HCV peer and care coordination nurse support pt through treatment.





- ~1000 patients receiving MOUD (>95% methadone)
- 3 providers (MD, NP, PA)
- 1 HCV Care Coordination Nurse
- 1 Certified Recovery Peer Advocate
- 1 Medical Assistant
- 6 Dispensing Nurses





- Total number of patients treated 34
- Patients with 12-week viral load drawn 26
- 24 cured, 1 reinfection, 1 treatment failure
- 4 pts left treatment prior to completion of HCV treatment

Cure Rate - 96%

*No HCV treatment was initiated between 2020-2022 due to COVID-19 pandemic.



Effect of CRPA on Treatment Engagement

- Rate of HCV treatment initiation without CRPA 0.6 pts/month/provider
- Enrollment rate with CRPA 2.6 pts/month/provider
- The addition of a Certified Recovery Peer Advocate <u>quadrupled</u> capacity to treat patients (4.3x initiation rate without CRPA).

The addition of HCV CRPAs and Care Coordination Nurses drastically increased the capacity of providers to treat HCV.

Interventions to Increase Treatment



- Proximity Peer/Nurse office close to medication area or front desk for easy access and frequent contact
- Include HCV education in admission process
- Decouple HCV labs from medical visits
- Medication co-dispensing with methadone/buprenorphine.
- Utilize OASAS HCV DOT billing
- Specialty pharmacy delivery of meds to clinic
- Prescribe full course at once. No refills
- Integrate all recovery goals with HCV treatment and address social determinants of health

Strategies for Effective Peer Engagement



G.R.A.C.E.

Gu	ida	nce

Provide resources based on personal navigation from lived experience. Educate and mentor.

Respect

Meet everyone where they are, even when their health decisions and personal recovery choices differ from yours.

<u>A</u>cknowledge

Acknowledge individual lifestyles, beliefs and strengths.

Confidentiality

Keep their matters private unless given permission to divulge. Only disclose what assists the individual.

Encouragement

Provide unwavering support and show your professional allegiance.



Benefits of Peer Engagement

- Accompany patients to locations outside of clinic (hospital, rehab, HRA, etc.).
- Shared lived experience inspire trust and connection.
- Breaks the stigma.
- Communities less aware of HCV are educated by individuals with lived experience
- Increase engagement- Completing treatment is an accomplishment. It can be a first step in a snowball of positive change. This can lay a foundation for an individual to address other physical, mental health, and substance use concerns.



Building Capacities in Opioid Treatment Programs for Hepatitis C Treatment Services & Care Management Supports

Anthony McLeod,¹ Vinodini Kumaravelu, MD,¹ Natasha Casanova,¹ Sharon Williamson,¹ Versalle Shelton, MPH,² Ana Ventuneac, PhD¹

¹Research and Evaluation, START Treatment & Recovery Centers, Inc.

²Viral Hepatitis Program, Bureau of Hepatitis, HIV and STI, NYC Department of Health and Mental Hygiene





About START

- Oldest and largest Black-founded and operated behavioral healthcare agency nationally
- Six locations across Manhattan and Brooklyn
- Behavioral and physical health supports
 - Integrated, person-centered care
 - Lifespan approach
- Outpatient prevention & treatment services
 - Article 28 Primary and Specialty Health Care
 - Article 31 Mental Health Care
 - Article 32 Opioid Treatment Programs (OTPs)





START Participants

3,362 participants were enrolled in START's treatment services in 2023

- 43% were Black and 40% were Hispanic
- **71%** male
- **54%** over age 56 (*M* = 53.9 years)
- 42% resided in Brooklyn, 25% in Manhattan, 15% in Bronx, 10% in Queens, 1% in Staten Island, and 7% outside of NYC
- **76**% were in treatment for one year or more

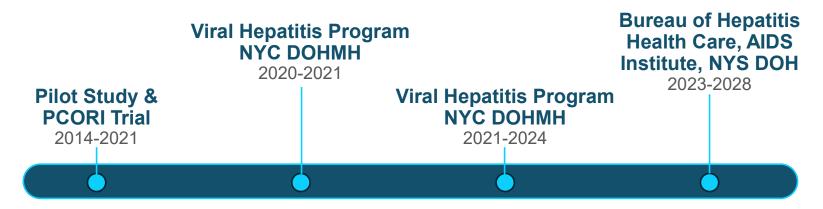


Among 569 newly admitted participants in 2023

- 42% reported a psychiatric disorder
- 53% reported receiving treatment for mental health disorder
- 23% reported having been hospitalized for a mental health disorder
- 23% had HIV and/or HCV infection



Development and Implementation of Integrated Hepatitis C Services at START's Opioid Treatment Programs



Phases of Program Best Practices

Preparation Development Implementation Sustain & Scale Developed and tested Developed clinician Implemented clinical Refine care coordination model for telemedicine capacities to deliver workflow for HCV capacities to tailor and integrated treatment services to offer treatment services at expand services for START's OTPs integrated care onsite services onsite community impact



Capacity-Building Supports for Hepatitis C Treatment

Surveillance Data

NYC DOHMH Viral Hepatitis Program – Data to Care Clinical Practice Facilitation Program

- Surveillance data patient lists
- Electronic medical record guery tools
- Training and technical assistance on leveraging data-driven approaches

Patient Health Navigation

HepFreeNYC & NYC DOHMH Viral Hepatitis Prgm

- Training for patient health navigators
- Supported workgroup outreach, resource and information dissemination
- Website, email list, social media, events to promote awareness

Education & Training

Empire Liver Foundation – NYS Network of specialists to deliver clinical education

- Supported NY Hepatitis Telehealth Workgroup
- Clinical Education Initiative (CEI) training for clinicians
- · Supported peer-to-peer mentoring

Care Coordination

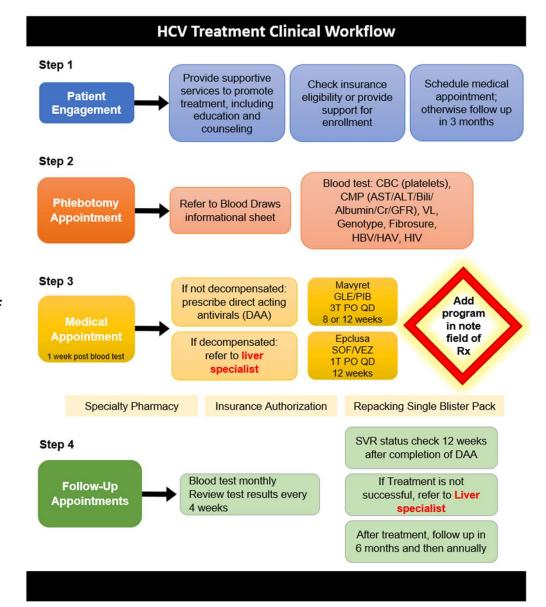
NYS DOH AIDS Institute

- CEI training and technical assistance
- Best practices for care coordination to comprehensively address social determinants of health and barriers to treatment access
- Expand services at each step of care continuum



Integrated HCV Treatment at START

- Collaborative effort among START's multidisciplinary team to develop clinical workflow
- Electronic medical record review to leverage data on screening rates (part of usual care) for treatment engagement
- Patient navigation services to engage, educate, and motivate patients about treatment options
- Ongoing communication, informational sessions and training sessions to promote awareness



Treatment Initiation and Follow-Up Supports

Barriers to Treatment

Patient hesitancy about starting treatment

- Drug use related stigma and misconceptions
- · Eligibility for treatment given cost of medications
- · Medication side effects
- Time constraints
- · Visit outside healthcare facility

Supports

NYS DOH AIDS Institute

- Work with specialty pharmacy to reduce time and burden on patients and providers
- Medication dispensing coupled with medication for opioid use disorders
- Updated lab results and changes in viral load maintain motivation and medication adherence

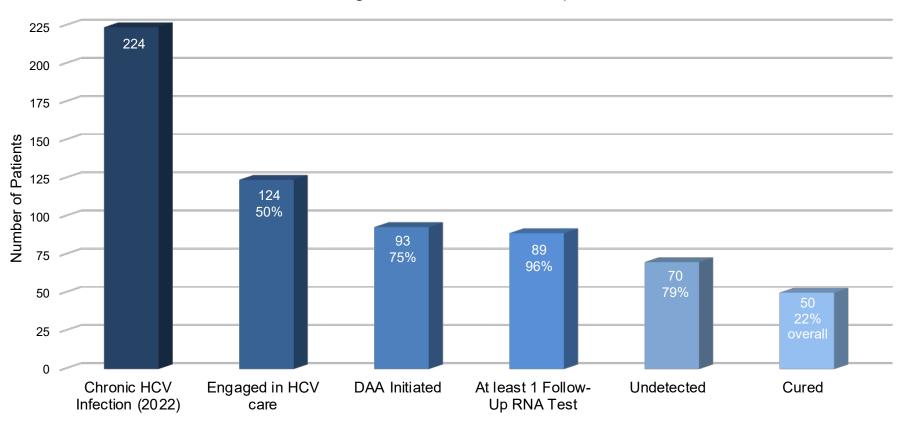
Education & Counseling

- 1) Advancements in therapies and treatment options
 - · Medication effectiveness, safety and side effects
 - · Duration of treatment course
- 2) Benefits of early detection and treatment
 - Reduced risk of liver damage and improved outcomes
 - Misconceptions about active drug use and treatment eligibility
 - · Convenience of treatment availability onsite
 - Importance of adherence to medication
 - Harm reduction counseling
- 3) Starting treatment
 - What to expect throughout treatment process
 - Blood Draws/Phlebotomy
 - · Health coverage authorization process
- 4) Monitoring and follow-up
 - What to expect after the treatment process



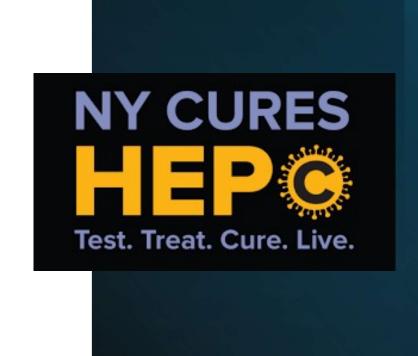
Hepatitis C Treatment Program Outcomes

Adults Diagnosed and Cured of Hepatitis C



Program Expansion Supports: Scaling and Sustaining Treatment Services

- Identify drop off at various steps of treatment process and implement tailored approaches
- Identify needs for subgroups of OTP participants
 - Newly admitted patients low-barrier early initiation of treatment services
 - Established patients follow-up monitoring phlebotomy services
- Expand partner testing
- Expand patient informational sessions
- Identify additional training opportunities for clinicians



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Discussion





Thank you!

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