Knowledge of Undetectable = Untransmittable (U=U)
New York State Medical Monitoring Project, 2019

Who?
Respondents of the 2019 NYS Medical Monitoring Project. Results include the responses of 82 adults living with HIV in New York State (excludes NYC) as of December 31, 2018.

What?
When asked,
“Have you heard that if you have an undetectable viral load, you will not pass on HIV to sexual partners?”
76% of respondents answered, “Yes”

Respondent Acceptance of U=U
- 61% believed U=U is at least somewhat true
- 25% did not believe U=U is true
- 14% were unsure if U=U is true or false

51% reported seeing media campaigns for U=U
48% had spoken with their healthcare provider about U=U

Why?
Opportunities for continued patient education on HIV treatment as prevention exist. For more information about U=U, please visit https://www.health.ny.gov/diseases/aids/ending_the_epidemic/faq.htm