

**Ending the Epidemic Task Force
Committee Recommendation
CR17**

Recommendation Title: Trauma-Informed Training and Incorporation of Trauma-Informed Approaches in the Service Delivery Continuum

1. For which goal outlined in the Governor's plan to end the epidemic in New York State does this recommendation apply? 1, 2 and 3

2. Proposed Recommendation:

- 1) Develop a multi-stage trauma-informed curriculum tailored to HIV service organizations and clinical providers that would begin with an awareness course and have additional levels that would give practical, hands-on information for implementing trauma-informed approaches in a range of settings. Provide funding for training, encourage HIV providers to apply for Article 31 mental health licenses and provide start-up funds to support the first year when most mental health clinics run a deficit. Require HIV clinical providers and supportive service providers at all levels of the continuum to adopt trauma-informed approaches in service delivery.
- 2) Improve access for people with HIV (PWH) and those at high risk to culturally competent trauma services and/or anti-violence counseling to help them to heal from trauma as a key component of the HIV prevention and care continuum of services. Require routine trauma and interpersonal violence screening for PWH as part of HIV clinical care and for patients on PrEP and require medical providers to make appropriate referrals to culturally competent trauma services and anti-violence counseling.
- 3) Require that all agencies serving PWH and persons at high risk for HIV infection take trauma-informed trainings at all levels of the organization and provide documentation of the adoption of six key principles (safety, trustworthiness/transparency, peer support, collaboration/mutuality, empowerment/voice/choice, cultural/historical/gender issues) as defined by Substance Abuse and Mental Health Services Administration (SAMHSA).

In a trauma-informed approach, all people at all levels of the organization or system have a basic realization about trauma and understand how trauma can affect families, groups, organizations and communities as well as individuals. The increased understanding of the pervasiveness of trauma and its connections to physical and behavioral health and well-being, have propelled a growing number of organizations and service systems to explore ways to make their services more responsive to people who have experienced trauma. This has been happening in state and local systems and federal agencies.

All PWH have experienced varying levels of trauma, which too often prevent them from adequately accessing needed services and care. All persons at a high risk for acquiring HIV also



have experienced varying degrees of trauma and would benefit from agencies who incorporate trauma-informed approaches in their work.

List of key individuals, stakeholders, or populations who would benefit from this recommendation

- People with HIV
- Persons at high risk for HIV
- Service Providers
- Community at large

List of measures that would assist in monitoring impact

- The number of agencies adopting trauma-informed approaches
- The number of people assisted, who would otherwise have been lost to care due to trauma

Footnotes or References

SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach, July 2014, prepared by SAMHSA's Trauma and Justice Strategic Initiative.

<http://store.samhsa.gov/shin/content/SMA14-4884/SMA14-4884.pdf>

<http://gainscenter.samhsa.gov/cms-assets/documents/93078-842830.historical-trauma.pdf>

http://philanthropynewsdigest.org/news/victim-services-needed-for-young-men-of-color-study-finds?utm_campaign=news%7C2014-12-24&utm_source=pnd&utm_medium=email

http://www.cdc.gov/violenceprevention/pdf/ipv/13_243567_green_aag-a.pdf

<http://www.futureswithoutviolence.org/userfiles/file/HealthCare/The%20Facts%20on%20Violence%20Against%20Women%20and%20HIVAIDS.pdf>

<http://tpcjournal.nbcc.org/examining-the-theory-of-historical-trauma-among-native-americans/>

<http://www.pbs.org/indiancountry/challenges/trauma.html>

<http://discoveringourstory.wisdomoftheelders.org/>

3. **Would implementation of this recommendation be permitted under current laws or would a statutory change be required?** Permitted under current law.
4. **Is this recommendation something that could feasibly be implemented in the short-term (within the next year) or long-term (within the next three to six years)?** Within the next year.
5. **Please list the TF numbers of the original recommendations that contributed to this current version:** TF248, TF275, TF280, TF90.

