PARENT ADVOCACY 家長倡導

宣傳類型

NYS CYSHCN Project
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Parent Advocates 家長倡導者
Strong Center for Developmental Disabilities
Developmental & Behavioral Pediatrics
NYS CYSHCN Project 紐約州 CYSHCN 項目

Children and Youth with Special Healthcare Needs 有特殊醫療需求的兒童和青少年

Collaboration with NYS UCEDDs 與紐約州 UCEDD 的合作

Utilizing parent input to strengthen services across the state 利用家長的意見來加強全州的服務
Meet Carrie
認識嘉莉
Meet Lisa 認識麗莎
HELLO
My Name Is...

Advocate
What does advocate mean to YOU? 倡导对你意味著什麼？
As an Advocate:
    作為倡導者:
    First, you take a step in
    首先，你邁出第一步
    Then you take a few steps back
    然後你後退幾步
    And then you step up
    之後你站出來
Types of Advocacy

- Individual or Self-Advocacy
- Parent or Family Advocacy
- Group Advocacy
- Systems Advocacy
Learning about SYSTEMS is a component of effective Advocacy
系统学习 是有效宣傳的一個組成部分
Self-Advocacy 自我倡导

People speaking up for their own needs, desires, and choices
人們為自己的需要、願望和選擇發聲

All advocacy exists to support the individual
所有的倡導都是為了支持個人
Parents and Family members speaking up for the *needs, desires, and choices* of their own family member or others. 家長和家庭成員為自己家庭成員或其他人的需求、願望和選擇發聲

Begins when children are babies and continues through school and the lifespan. 從孩子還是嬰兒時開始，一直持續到學校和整個生命週期.
GROUP ADVOCACY 團體倡導

Advocates, 倡導者
self-advocates, 自我倡導
parents, family members and other allies uniting to speak up about an issue. 家长、家庭成员和其他盟友联合起来就某個問題發表意見
Banded together to organize people toward a common agenda with sweeping impact or a cause that affects many

Legal class action suits – many people petition for a change together

Working to change an agency, system or policy
ADVOCACY CONTINUUM 倡導持續
HOW DO I EFFECTIVELY ADVOCATE? 我如何有效地倡導？

TIPS: 技巧

❑ **ALWAYS** BE PREPARED (write down items on post-its) 始終做好準備（在便利貼上寫下項目）

❑ **DON’T** lose control – if you start yelling, people stop listening 不要失去控制——如果你開始大喊大叫，人們就會停止傾聽

❑ **REMINd** audience that nobody is more invested than you, the PARENT/CAREGIVER 提醒聽眾，沒有人比您更投入，家長/看護人

❑ **FOCUS** on what your child needs right now, don’t get too far ahead of yourself （easier said than done) 專注於您孩子現在的需求，不要走得太遠（說起來容易做起來難）

❑ **FOLLOW** up with an email 電子郵件跟進
How to get involved with local advocacy groups
如何參與當地的倡導團體

Parent to Parent NYS 纽约州的家长和家长
http://parenttoparentnys.org/

Check with your school districts or ARC’s to find local parent driven organizations 與您的學區或 ARC 聯繫，以查找當地家長驅動的組織
• PTA/PTO
• SEPTA (special education PTA)

FACEBOOK often has closed support groups – search by topic or ask other parents 社交媒体脸书經常有封閉试的支持小組——按主題搜索或詢問其他家長
Ok, so what do I do with this knowledge? 好的，那麼我如何處理這些知識
Carrie Burkin
carrie_burkin

Lisa Latten
lisa_latten@u
Thank you! 谢谢

Coming soon via email: 即將通過電子郵件發送

- Feedback Survey 反饋調查
- Copy of Slides 幻燈片
- Presentation recording 讲座錄音

... "I learned a long time ago the wisest thing I can do is be on my own side, be an advocate for myself and others like me." - Maya Angelou. ...