

Example of Caregiver Actions to meet resident needs using EDGE Caregiver Goals on the Interpersonal Level:

Interpersonal Level of BASICS Need	
With whom should (s) he interact to maintain self-esteem? (Spouse, child, guardian, therapist, particular residents, staff, etc.) How are familiar, historical roles supported and imposed roles (childish activity, loss of adult dignity, disrespectful over familiarity by caregiver) prevented?	
Examples of Action to Meet Interpersonal Needs	<ol style="list-style-type: none"> 1. Encourage telling of personal history with family and staff. 2. Introduce to other residents with similar interests, careers etc. 3. Help write a story, draw a picture or make a tape about things remembered about family, occupation or past interests.

EDGE Caregiver Goal Questions	Examples Of Caregiver Action To Provide Quality Care
<i>How can we:</i>	<i>When supporting a resident to rediscover old social skills and competencies during a Tea Group:</i>
1. <i>help the resident feel safe?</i>	1. Have one staff member who knows resident in the room to greet resident warmly while facilitator gathers rest of group.
2. <i>help the resident feel physically comfortable?</i>	2. Help resident to select comfortable clothes for group.
3. <i>help the resident experience a sense of control?</i>	3. Ask resident's opinion on brewing the tea, if (s) he would like cream or sugar, help in setting up for tea.
4. <i>help the resident feel valued as a person?</i>	4. Ask resident about opinions and events in past life concerning topic of conversation: " What kind of meals did your family like you to make for them? Did you have a garden?"
5. <i>help the resident experience optimal stimulation?</i>	5. "Anna, would you like to help with the cleanup and dishes?"
6. <i>help the resident experience pleasure?</i>	6. "I enjoyed talking with you today. That story about your family was funny. Thank you for sharing that with us."

Document "Quality Moments" under Interpersonal level of BASICS: (Those times when you witnessed that "spark of life" in the resident)
<i>For example: Today, during Tea Group, when the conversation about favorite places was brought up by the facilitator, Anna began talking excitedly about life on the farm when she was young. She was laughing and talking with the other participants for the rest of the Tea Group. (Anna doesn't usually talk much about herself).</i>
Meeting the care plan goal that Anna will go to an activity of her choice 1x week for the next 4 weeks.
What other level of BASICS Needs were met for Anna through Tea Group?

EDGE Interventions to Meet Interpersonal Needs	A Big Band Musical Program Tea Group Social Interactions Environmental Influences on Agitation
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