

THE KNOLLS
Adult Day Services Program
51 Grasslands Road
Valhalla, NY 10595

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New Policy Date:	Revision Dates:
Department:	Approval:

POLICY

To provide registrants with the choice of meal preferences for quarterly menu cycles, and choice of daily snack provided by program or provided by registrant. Registrants will have access to food and drink, alternative meals, and right to eat in a private area while in program in compliance with dietary, medical and consistency needs.

ACCESS TO FOOD

Registrants will have access to food and drink during the duration of program. This will be accomplished by:

- Having a refrigeration in the pantry located off the day room with beverages and snack items
- Having a hydration cart in the day room with cold water and cups accessible.

CHOICES REGARDING MEAL CHOICES AND MEALTIMES

Registrants will be provided with choices regarding what and when to eat the 2 meals provided at program.

- Breakfast will be provided by facility's kitchen staff at scheduled time (8:30 a.m.) and registrants are offered a choice of hot or cold cereal, coffee, tea and juice.
- Lunch will be provided by facilities kitchen staff at scheduled time (12:00 p.m.) registrants are offered a choice between two entrée selections on a three-week cycle, which changes seasonally.
- Registrants may choose to eat when meals are provided.
- Should a registrant choose an alternative or additional time to have a meal provided, staff will contact the kitchen, and the ADHC staff will accommodate the registrant's request immediately after receiving the desired meal from the kitchen.

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CHOICES REGARDING SETTINGS FOR MEALS

Registrants will have the freedom to choose the location at which they eat their meals while in program.

- Registrants are free to mingle with any peer of their choosing for mealtimes as there are no assigned seats or social restrictions of any kind.
- Should a registrant request a private dining experience, they are able to have access to a private dining area which is furnished with a table and chairs. Upon informing a staff member or choosing to do so on their own accord, registrants may access the room and experience private dining to their satisfaction.

SNACKS AND SOCIALS

Registrants will have scheduled snacks and socials as part of their Therapeutic Recreation programs.

- Registrants will be encouraged and invited to participate in all activities including socials planned by the Recreational Therapy staff.
- Registrants have options of obtaining snacks in other manners while in program (see access to food section of policy) and will not be limited to having snacks at scheduled times.