

THE KNOLLS ADULT DAY PROGRAM 2022 RECREATION SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>All Activities Are Subject to Change/The Knolls Adult Day Program -Recreation Schedule</p> <div style="border: 2px solid green; padding: 10px; display: inline-block; margin: 10px auto; width: 80%;"> <h1 align="center">March 2022</h1> </div> 						
		<p>1 9:30AM-10:30AM- Current Events & Reminisce</p> <p>10:30AM-11AM-Chari Exercise w/ [redacted]</p> <p>11AM-Noon/ Music Lessons w/ [redacted]</p> <p>12PM-1PM-LUNCH</p> <p>1:15PM-2:30PM-Word Game</p>	<p>2 9:30AM-10:30AM/ Current Events & Trivia</p> <p>10:30AM-11AM/Chari Exercise w/ [redacted]</p> <p>11AM-Noon/Card Game</p> <p>12PM-1PM- LUNCH</p> <p>1PM-2:45PM-Movie</p> <p><i>Ask X Wednesday</i></p>	<p>3 9:30AM-10:30AM Current Events & Reminisce</p> <p>10:30A-11:30AM- Fitness w/ [redacted]</p> <p>11:30AM-Noon-Bible studyw/ [redacted]</p>  <p>12PM-1PM- LUNCH</p> <p>1:15PM-2:30PM/Word Game</p>	<p>4 9:30AM- 10:30AM/Current Events & Trivia</p> <p>10:30AM-11AM/ Card Game</p> <p>11AM-Noon/Art and Crafts</p> <p>12PM-1PM-LUNCH</p> <p>1PM-2:30PM/Word Games</p>	5
6	<p>7 9:30AM-10:30AM- Current Events & Trivia</p> <p>10:30AM-11AM- Fitness w/ [redacted]</p>  <p>11AM-Noon/Live Music w/Lou Patrick</p> <p>12PM-1PM-Lunch 1:15PM-2:30PM- BINGO</p>	<p>8 9:30AM-10:30AM-Current Events & Reminisce</p> <p>10:30AM-11AM-Chari Exercise w/ [redacted]</p> <p>11AM-Noon/ Music Lessons w/ [redacted]</p> <p>12PM-1PM-LUNCH</p> <p>1:15PM-2:30PM-Word Game</p>	<p>9 9:30AM-10:30AM/ Current Events & Trivia</p> <p>10:30AM-11AM/Chari Exercise w/ [redacted]</p> <p>11AM-Noon/Card Game</p> <p>12PM-1PM- LUNCH</p> <p>1PM-2:45PM-Movie</p>	<p>10 9:30AM-10:30AM Current Events & Reminisce</p> <p>10:30A-11:30AM- Exercise W/Donald</p> <p>11:30AM-Noon-Bible studyw/Dorothy</p>  <p>12PM-1PM- LUNCH</p> <p>1:15PM-2:30PM/Word Game</p>	<p>11 9:30AM- 10:30AM/Current Events & Arts & Crafts</p> <p>10:30AM-11AM/ Exercise W/ [redacted]</p> <p>11AM- Noon/Roulette</p> <p>12PM-1PM-LUNCH</p> <p>1PM-2:30PM/Word Games</p>	12
13 Daylight Saving Time	<p>14 9:30AM-10:30AM- Current Events & Trivia</p> <p>10:30AM Fitness w/ [redacted]</p>  <p>11AM Noon/Live Music w/ [redacted]</p> <p>12PM-1PM-Lunch</p> <p>1:15PM-2:30PM- BINGO</p>	<p>15 9:30AM-10:30AM- Current Events & Arts & Crafts</p> <p>10:30AM-11AM-Chari Exercise w/ [redacted]</p> <p>11AM-Noon/Poker</p> <p>12PM-1PM-LUNCH</p> <p>1:15PM-2:30PM-Word Game</p>	<p>16 9:30AM-10:30AM/ Current Events & Trivia</p> <p>10:30AM-11AM/Chari Exercise w/ [redacted]</p> <p>11AM-Noon/Card Game</p> <p>12PM-1PM- LUNCH</p> <p>1PM-2:45PM-Movie</p> 	<p>17 9:30AM-10:30AM Current Events & Reminisce</p> <p>10:30A-11:30AM- Fitness w/ [redacted]</p> <p>11:30AM-Noon-Bible studyw/ [redacted]</p>  <p>12PM-1PM- LUNCH</p> <p>1:15PM- 2:30PM/Coloring Contests Happy St. Patrick's Day Celebration</p>	<p>18 9:30AM- 10:30AM/Current Events & Trivia</p> <p>10:30AM-11AM/ Card Game</p> <p>11AM- Noon/Resident Council Meeting W/ [redacted]</p> <p>12PM-1PM-LUNCH</p> <p>1PM-2:30PM/Word Games</p>	19
20	<p>21 9:30AM-10:30AM-Current Events & Trivia</p> <p>10:30AM Fitness w/ [redacted]</p>  <p>11AM-Noon/Live Music w/ [redacted]</p> <p>12PM-1PM-LUNCH</p> <p>1:15PM-2:30PM- BINGO</p>	<p>22 9:30AM-10:30AM-Current Events & Reminisce</p> <p>10:30AM-11AM-Chari Exercise w/ [redacted]</p> <p>11AM-Noon Poker W/ [redacted]</p> <p>12PM-1PM-LUNCH</p> <p>1:15PM-2:30PM-Word Game</p>	<p>23 9:30AM-10:30AM/ Current Events & Trivia</p> <p>10:30AM-11AM/Chari Exercise w/ [redacted]</p> <p>11AM-Noon/Card Games</p> <p>12PM-1PM- LUNCH</p> <p>1PM-2:45PM-Movie</p> 	<p>24 9:30AM-10:30AM Current Events & Reminisce</p> <p>10:30A-11:30AM- Fitness w/ [redacted]</p> <p>11:30AM-Noon-Bible studyw/Dorothy</p>  <p>12PM-1PM- LUNCH</p> <p>1:15PM-2:30PM/Roulette</p>	<p>25 9:30AM- 10:30AM/Current Events & Trivia</p> <p>10:30AM-11AM/ Card Game</p> <p>11AM-Noon/Art and Crafts</p> <p>12PM-1PM-LUNCH</p> <p>1:30PM- 3PM/Birthday Party Let's Rock and Roll W/ [redacted]</p> 	26
27	<p>28 9:30AM- 10:30AM/Current Events & arts and crafts</p> <p>10:30AM-11AM/Fitness w/ [redacted]</p> <p>11AM-Noon/Live Music w/ [redacted]</p> <p>12PM-1PM-Lunch</p> <p>1:15PM-2:30PM/ BINGO</p> 	<p>29 9:30AM-10:30AM-Current Events & Reminisce</p> <p>10:30AM-11AM-Chari Exercise w/ [redacted]</p> <p>11AM-Noon Poker W/ [redacted]</p> <p>12PM-1PM-LUNCH</p> <p>1:15PM-2:30PM-Word Game</p>	<p>30 9:30AM-10:30AM/ Current Events & Trivia</p> <p>10:30AM-11AM/ Exercise w/ [redacted]</p> <p>11AM-Noon/Card Games</p> <p>12PM-1PM- LUNCH</p> <p>1PM-2:45PM-Movie</p> 	<p>31 9:30AM-10:30AM Current Events & Reminisce</p> <p>10:30A-11:30AM- Fitness w/ [redacted]</p> <p>11:30AM-Noon-Bible studyw/ [redacted]</p>  <p>12PM-1PM- LUNCH</p> <p>1:15PM-2:30PM/Roulette</p>		

CURRENT CALENDAR