



Male



Female



Hetero



Gay



Bisexual



Bisexual



Gay



Transgender



Transgender

PrEP YOURSELF AGAINST HIV.



Pre-exposure prophylaxis or PrEP is a medication that people take so they can reduce their worry about getting HIV.

PrEP is for people who are smart about HIV

You may want to consider PrEP if you:

- have multiple or anonymous sex partners.
- engage in sexual activity at sex parties or other high-risk venues.
- trade sex for money, drugs, or housing.
- had at least one STI in the previous 12 months.
- use recreational mood-altering substances during sex.
- inject substances, including illicit drugs and hormones.
- have sex with partners who engage in any of the above.

Facts about PrEP

- HIV testing is done before starting PrEP because PrEP is only for people who are not living with HIV.
- You can get help for side effects, if you have them.
- PrEP involves routine HIV testing, periodic STI testing and appointments with a medical provider.
- Many insurance plans cover PrEP. Assistance may also be available if you are uninsured or if your co-pay or deductible is too high.

For PrEP payment options, please visit:

<https://health.ny.gov/prepPaymentOptions>

If you start PrEP

- Please take the medication as directed and attend all scheduled health care appointments.
- Condoms provide additional protection against sexually transmitted infections.
- Your provider is available to discuss other ways to protect yourself.

Take an important step to reduce your worry about HIV.

Ask a medical provider about PrEP.

For additional information about PrEP, including a directory of medical providers who prescribe PrEP, and information about resources to pay for PrEP, call **1-800-541-AIDS English**, **1-800-233-SIDA Spanish**, or visit www.health.ny.gov/PrEP.



www.health.ny.gov/PrEP



Department
of Health