

# Beddelka Miisaanka

Aan Duxlahayn ama 1% Caano duxdu ku yartahay



1 Galaan = 3.78L

Jiista WIC



16 Wiqiyadood = 454g

Caano fadhiga



32 Wiqiyadood = 907g

Rootiga WIC



16 Wiqiyadood = 454g

Badaka WIC



18 Wiqiyadood = 510g

Subaga Lowska



16-18 Wiqiyadood = 454-510g

Cabbitaanka



64 Wiqiyadood = 1.89L

Sharaabka ribka ah ee WIC



11.5 Wiqiyadood = 340mL

Muus Daray ah



Tirada = Hal

Faasuuliyaha Qasacadaysan



15-16 Wiqiyadood = 425-454g

Faasuuliyeh/Shumburo/  
Misir La qalajiyay



1 Rodol = 454g

Badarka Gerber ee Ilmaha



8 Wiqiyadood = 227g

Enfamil Ilmaha



12.5 Wiqiyadood = 354g

Cuntadda Carruurta WIC



4 Wiqiyadood = 113g

Cuntadda Carruurta  
Hilibka WIC



2.5 Wiqiyadood = 71g

Beddelka Miisaanka  
Wiqiyada = OZ  
16 Wiqiyadood = 1 Rodol = 454g



Hay'adan waa bixiyaha fursadda loo siman yahay