

# Use Insect Repellents Safely!

## Dress to REPEL!

### Don't do this Stuff

### Do THIS Stuff



Don't put it on Cuts, Sunburns or Rashes!

Don't Spray your Face!

Don't Breathe Repellents!

Wear Light-Colored Clothing!  
(so you can see bugs and ticks and remove them)

Follow the Directions  
Spray only Outdoors!

Don't put it on Little Kids' Hands!  
Don't Use it under Clothes!

Wash off Repellent when You Go Indoors!  
Wear a Long-Sleeved Shirt and Long Pants!  
Tuck Pants into Socks!