

Create your low-cost

EMERGENCY PLAN

1

Fill out the “**in case of emergency**” or **ICE** entry on your cell phone or create an **ICE** entry in your contact list. Keep **ICE** on home and work phones, too. Store other important numbers in your phone.

2

Attend preparedness events for giveaways, like children’s photo ID cards or disaster preparedness kits. Download sample emergency plans and supply lists. For a free family health emergency wallet card, go to health.ny.gov/publications/7280.pdf

3

Keep your phone fully charged. Check out the free apps available to help keep you safe in an emergency, like **Zello**, **FEMA**, **First Aid**, and **ICE Standard**.



Department
of Health