



## Long COVID

### GRAPHICS:

Slide 1:



Slide 2:



**CAPTION:** Some people continue to have symptoms or develop new ones after their initial COVID recovery. Learn more about #LongCOVID and share with someone who may need more information: [www.health.ny.gov/longcovid](https://www.health.ny.gov/longcovid)



**GRAPHICS:**

*Slide 1:*

**! LONG COVID**

# What are the symptoms of long COVID?

[health.ny.gov/longcovid](https://health.ny.gov/longcovid)

**NEW YORK STATE** | Department of Health

*Slide 2:*

**! LONG COVID**

Symptoms associated with long COVID can vary widely, from cardiovascular symptoms like heart palpitations to difficulty breathing and excessive fatigue.

Symptoms can also include difficulty concentrating or other psychological manifestations.

[health.ny.gov/longcovid](https://health.ny.gov/longcovid)

**NEW YORK STATE** | Department of Health

*Slide 3:*



**! LONG COVID**

The most commonly reported symptoms associated with long COVID are:

- Tiredness or fatigue that interferes with daily life
- Brain fog
- Symptoms that get worse after working hard or thinking hard
- Fever

[health.ny.gov/longcovid](https://health.ny.gov/longcovid)



**CAPTION:** Share with a New Yorker who may be experiencing #LongCOVID and help them get the resources and information they need: [www.health.ny.gov/longcovid](https://www.health.ny.gov/longcovid)

**GRAPHICS:**

*Slide 1:*

**! LONG COVID**



I'm worried my health care provider won't believe that I have long COVID. What can I do to advocate for myself?

[health.ny.gov/longcovid](https://health.ny.gov/longcovid)



*Slide 2:*



**! LONG COVID**

Symptoms of long COVID may continue after the initial infection or may appear after the initial illness has passed and may be difficult to explain. There is no one diagnostic test for long COVID, and the results of routine tests such as x-rays and electrocardiograms may appear normal.



[health.ny.gov/longcovid](https://health.ny.gov/longcovid)



Slide 3:

**! LONG COVID**

It is important to inform health care providers of a known history of COVID-19 infection, severe illness, or hospitalization. When conducting evaluations, health care providers should consider long COVID as a potential diagnosis if patients report symptoms consistent with long COVID.



[health.ny.gov/longcovid](https://health.ny.gov/longcovid)



**CAPTION:** People experiencing #LongCOVID symptoms may be misunderstood by health care providers, which delays progress towards accurate diagnosis and adequate treatment. Learn more about how to prepare for a long COVID visit with your provider: [www.health.ny.gov/longcovid](https://www.health.ny.gov/longcovid)