



# STATE OF NEW YORK DEPARTMENT OF HEALTH

Corning Tower      The Governor Nelson A. Rockefeller Empire State Plaza      Albany, New York 12237

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## SEVERE ACUTE RESPIRATORY DISEASE SYNDROME (SARS) CONTACT DAILY TEMPERATURE LOG

**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

Since you may have been exposed to severe acute respiratory syndrome (SARS) through either foreign travel or close contact to someone who is ill with SARS, you need to monitor your temperature twice a day. This should be done for the 10 days following your exposure (date of return from travel or date of last close contact with SARS patient). Your local health department will provide you with the exact dates. You have been provided this chart, the recommended infection control precautions for SARS patients and a supply of facial masks.

The attached chart is to record your temperature daily and any respiratory symptoms, should they occur. **If you develop a fever (greater than 100.4) OR any respiratory symptoms, such as cough or shortness of breath:**

- **Notify your health care provider immediately.**
- **If you are able, contact your local health department.**
- **Before leaving your home to seek medical attention, place a mask on your face.**

The local health department will be contacting you daily to monitor your temperature and any symptoms. If you have any questions about monitoring for symptoms, please contact \_\_\_\_\_ at \_\_\_\_\_.

You may wish to enter your health care provider's name and telephone below for easy reference should you become ill.

Health Care Provider: \_\_\_\_\_

Telephone Number: \_\_\_\_\_



