



Department
of Health

Mental Health and Substance Use Disorder Considerations for EMS Providers

Welcome Jenni Salomon, Training Specialist I



Focus on Mental Health and Substance Use Disorder

- Supported by grant funds from SAMHSA through Office of Addiction Services and Supports (OASAS)
- 8-hour class
- 4 components to interactive class: Substance Use Disorder (SUD), Mental Health, Intersection of SUD and Mental Health, EMS Mental Health and SUD Awareness
- Held throughout the New York over the next few months

Includes EMS Provider Wellness

- Signs and symptoms of acute stress, PTSI, and other mental health conditions
- Acknowledging addiction in the EMS community
- Indicators for suicidal ideation/ suicide attempts
- How to help if you notice these indicators in other providers
- How to get help if you need it
- Mental health wellness and fatigue management
- Local resources

How Can You Host This Class?

- Regions and Program Agencies can contact Jenni Salomon, Amy Eisenhauer, or Val Ozga to schedule a course in your region