

**CROUSE COMMUNITY CENTER, INC.
SHERBURNE ADULT DAY HEALTH CARE**

ACTIVITIES

Scope of Activities

Reference: Section 425.14

Policy:

The center shall provide planned and structured as well as unstructured time in which the registrants can choose to engage in structured, staff led or self-directed activities, such as socializing, reading, playing games and other activities. Activities will be provided that utilize the registrant's skills to the highest extent possible, respond to the registrant's interests, preferences, capabilities, and needs and minimize any impairments in capacity to engage in those activities.

Procedure:

1. Registrants shall be invited to engage in the activities of their choosing. If there are structured, staff-led activities that the registrant chooses not to engage in, the registrant shall be invited to engage in another activity or a self-directed activity.
2. Self-directed activities may include:
 - a. Socializing;
 - b. Playing games;
 - c. Reading;
 - d. Puzzles;
 - e. Resting, etc.
3. Activities shall be encouraged through provision of space, equipment and supplies.
4. Activities shall be designed to meet the registrant's specific needs and interests, as determined by the person-centered assessment and plan of care.
5. Activities shall be planned by the activity coordinator, or direct care staff, encouraging input from registrants, care providers, or volunteers.

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6. Provisions shall be made for registrant rest periods which are required based on the medical assessment or as desired by the registrant.
7. Provide for transportation to and from community events and outings (See Community Integration and Outings).
8. Ensure that activities are an integral part of the program, are age appropriate and reflect the registrants' individual interests and cultural background.
9. Ensure that activities are designed to enhance registrant participation in the program, home life and the community.