

## Exhibit



### Adult Day Health Care Program Participants Bill of Rights

The following is a statement of rights of persons enrolled in the Adult Day Health Care program. Though the statement is not intended to be all-inclusive, it suggests an outline of the basic tenets that should be followed in providing day service for adults.

- The right to be treated as an adult, with consideration, respect and dignity, including privacy in treatment and in care for personal needs.
- The right to participate in a program of services and activities designed to encourage independence, learning, growth and awareness of constructive ways to develop one's interests and talents.
- The right to self-determination within the day services setting, including the opportunity to:
  - a. Participate in developing one's plan for services and any changes therein
  - b. Decide whether or not to participate in any given activity
  - c. Be involved, to the extent possible, in program planning and operation
  - d. Refuse treatment and be informed of the consequences of such refusal
  - e. End participation in the Adult Day Health Care program at any time.
- The right to a thorough initial assessment, the development of a plan of care, and the determination of the Level of Care needed.
- The right to be cared for in an atmosphere of sincere interest and concern where support and services are provided.
- The right to a safe, secure and clean environment.
- The right to receive nourishment and assistance with meals as necessary to maximize functional abilities and quality of life.
- The right to confidentiality and required written consent for release of information to persons not authorized under law to receive it.
- The right to voice grievances without discrimination or reprisal with respect to care or treatment that is or is not provided.
- The right to be fully informed, as evidenced by the participant's written acknowledgment of these rights, of all rules and regulations regarding participant conduct and responsibilities.
- The right to be free from harm, including unnecessary physical or chemical restraint, isolation, excessive medication, abuse or neglect.
- The right to be fully informed, at the time of acceptance into the program, of services and activities available and related charges.
- The right to communicate with others and be understood by them to the extent of the participant's capability.

I understand the above stated rights as they have been explained to me.

\_\_\_\_\_  
Registrant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Social Worker Signature

\_\_\_\_\_  
Date

Rev. 9/10

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