



# Recognizing Measles

## What are the symptoms of measles?

Symptoms usually appear 7-14 days after exposure but can take as long as 21 days. The first symptoms are usually:

- High fever and one or more of the following:
  - Cough
  - Runny nose
  - Red watery eyes
  - Rash
- Small red spots, some of which are slightly raised.
- Spots and bumps in tight clusters give the skin a splotchy red appearance.
- Usually appears 2 to 4 days after the fever begins and lasts 5 to 6 days.
- Begins at the hairline, moves to the face and neck, down the body and then to the arms and legs.

## What steps should be taken if an individual has symptoms of measles?

### 1. Immediately isolate the individual.

- Attend to camper's immediate medical needs. Call the healthcare provider or emergency department before seeking care.
- Place individual in a private room with a door that closes, if possible.
- Restrict susceptible individuals from entering the space.

### 2. If you haven't already, contact the camp health director

### 3. Determine individual's immunity status

### 4. Call your local health department

[health.ny.gov/measles](https://health.ny.gov/measles)



Department  
of Health

Contact your local health department at ( ) - between \_\_\_ : \_\_\_ a.m.  
and \_\_\_ : \_\_\_ p.m. weekdays, or ( ) - after hours, weekends, and holidays.